

It's a Piece of Cake 10k, Manchester

It's a Piece of Cake 10k, Manchester

4th May 2024

RESULTS

Results: UKtimers.net & UKresults.net

Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
1	Callum Rowlinson	MS	1/38	Sale Harrs	00:32:25	00:32:25	81	R. McKinley-Smith	M50	9/30	[Unatt]	00:48:33	00:48:41
2	Andy Turner	M35	1/34	Roundhay R	00:35:07	00:35:07	82	Stanley May	M40	18/43	MancrFront	00:48:31	00:48:44
3	Rob Fowler	M40	1/43	Bury AC	00:35:24	00:35:25	83	Mark Bevan	MS	18/38	[Unatt]	00:48:36	00:48:46
4	Tom Stephenson	M40	2/43	Sale Harrs	00:36:24	00:36:25	84	Alan Beaumont	M35	26/34	Mancr YMCA	00:48:46	00:48:49
5	Robert Clarke	MS	2/38	SalfordHar	00:36:40	00:36:41	85	Andy Hartley	M50	10/30	[Unatt]	00:48:38	00:48:52
6	Stuart Neyton	MS	3/38	Poplar RC	00:37:07	00:37:09	86	Eddie Corcoran	M50	11/30	[Unatt]	00:48:47	00:48:54
7	Philip Tomkinson	M35	2/34	Mancr YMCA	00:37:21	00:37:22	87	Stephen Alcock	M40	19/43	MancrFront	00:48:54	00:48:59
8	Jack Bristow	MS	4/38	SalfordHar	00:37:32	00:37:33	88	Daniel Bentley	MS	19/38	MancrFront	00:49:33	00:49:36
9	Andy Smith	M40	3/43	MiddletonH	00:37:41	00:37:42	89	Tony Parker	M40	20/43	[Unatt]	00:49:37	00:49:40
10	Blair Paterson	M35	3/34	MancrFront	00:38:15	00:38:16	90	Phillip Williams	M40	21/43	[Unatt]	00:49:35	00:49:42
11	James Hartshorne	M40	4/43	EastCheshr	00:38:41	00:38:42	91	Paul Gardner	M50	12/30	[Unatt]	00:49:50	00:49:52
12	Daniel Kenny	MS	5/38	EastCheshr	00:38:48	00:38:48	92	Kristian Bailey	M40	22/43	Newcast FR	00:49:53	00:50:02
13	Paul Cain	M35	4/34	MiddletonH	00:38:50	00:38:51	93	Phil Wilcoxon	M60	5/13	BelleVueRc	00:50:07	00:50:12
14	Stephen Fisher	MS	6/38	MancrFront	00:39:38	00:39:39	94	Karen Hallett	F50	2/57	MiddletonH	00:50:13	00:50:16
15	David Burnip	MS	7/38	[Unatt]	00:40:17	00:40:17	95	Claire Buckley	F40	3/41	[Unatt]	00:50:10	00:50:24
16	Marc Faulder	M35	5/34	HolmePierr	00:40:42	00:40:42	96	Samuel Crawshaw	M40	23/43	Levenshulm	00:50:22	00:50:26
17	Steven MacDonald	M35	6/34	Newcast FR	00:40:42	00:40:44	97	Marc Robinson	M40	24/43	[Unatt]	00:50:27	00:50:36
18	Adam Bown	M35	7/34	HolmePierr	00:40:46	00:40:48	98	Michael Clifford	MS	20/38	[Unatt]	00:50:29	00:50:36
19	Leon Wint	M35	8/34	MiddletonH	00:40:59	00:41:00	99	Nicola Johnston	F40	4/41	LonelyGoat	00:50:30	00:50:39
20	David Hudson	M40	5/43	SalfordHar	00:41:06	00:41:07	100	Michael Kennedy	MS	21/38	[Unatt]	00:50:30	00:50:40
21	Andrew Bowler	M35	9/34	Mancr YMCA	00:41:11	00:41:22	101	Paul Brannigan	M50	13/30	[Unatt]	00:50:38	00:50:46
22	Laurie Sage	M40	6/43	Levenshulm	00:41:38	00:41:43	102	Richard Ssuuna	M35	27/34	[Unatt]	00:50:45	00:50:47
23	Kristian Burgess	M35	10/34	Newcast FR	00:41:44	00:41:44	103	Jessica Hanrahan	FS	2/30	MiddletonH	00:50:56	00:50:59
24	Daniel Martin	M35	11/34	Swinton RC	00:41:47	00:41:48	104	Stephanie Jinks	FS	3/30	[Unatt]	00:50:53	00:51:03
25	Finn Boyd	NS	1/1	GlasgowFR	00:41:58	00:41:58	105	Roy Morris	M50	14/30	Hoyle RR	00:50:54	00:51:09
26	Daniel Jenkins	M40	7/43	SaltaireSt	00:42:07	00:42:13	106	Yvonne Boulter	F50	3/57	[Unatt]	00:51:02	00:51:11
27	Harry McLachlan	MS	8/38	MancrFront	00:42:41	00:42:45	107	Ian Bruff	M40	25/43	BramleyBre	00:51:15	00:51:23
28	Andy Murphy	M40	8/43	L'poolFron	00:42:45	00:42:47	108	Peter Wilcox	M50	15/30	[Unatt]	00:51:17	00:51:24
29	Andrew Bardsley	M35	12/34	[Unatt]	00:43:08	00:43:08	109	Helen Mutch	F35	4/15	MiddletonH	00:51:22	00:51:25
30	Chad McDonald	MS	9/38	MancrFront	00:43:05	00:43:08	110	Clara Sattentau	FS	4/30	Levenshulm	00:51:30	00:51:35
31	Rachel Kenyon	F40	1/41	MancrFront	00:43:24	00:43:25	111	Lisa Peatfield	F40	5/41	[Unatt]	00:51:33	00:51:40
32	Guido Paul Zeegers	M35	13/34	Zurich FR	00:43:24	00:43:28	112	Chris Colebourn	M50	16/30	NSRRA	00:51:34	00:51:51
33	Matthew Cole	MS	10/38	MancrFront	00:43:28	00:43:30	113	Rebecca Morris	FS	5/30	Levenshulm	00:51:53	00:51:56
34	Harry Crossland	MS	11/38	[Unatt]	00:43:27	00:43:32	114	Deborah Sheen	F50	4/57	MiddletonH	00:51:59	00:52:02
35	Martyn Whitwell	M40	9/43	EdinburghF	00:43:35	00:43:45	115	James Scully	M50	17/30	MancrFront	00:52:01	00:52:11
36	Niall McInnes	MS	12/38	MancrFront	00:43:59	00:44:02	116	Tom Woods	MS	22/38	Levenshulm	00:52:12	00:52:17
37	John Evans	M40	10/43	Hoyle RR	00:44:14	00:44:15	117	Andrew Smith	M40	26/43	LeedsFront	00:52:17	00:52:23
38	Joseph Hayes	M35	14/34	Mancr YMCA	00:44:20	00:44:30	118	Krishan Mistry	MS	23/38	[Unatt]	00:52:15	00:52:27
39	Andy Dunleavy	M60	1/13	Burnden RR	00:44:41	00:44:43	119	David Nevins	M40	27/43	Newcast FR	00:52:16	00:52:28
40	Matthew Sowerby	M50	1/30	[Unatt]	00:44:41	00:44:43	120	Gina Nadal	FS	6/30	ChorltonRn	00:52:22	00:52:29
41	Alistair Heeley	M35	15/34	[Unatt]	00:44:26	00:44:48	121	Tim Blackwell	M50	18/30	ChorltonRn	00:52:29	00:52:35
42	Andrew Towell	M50	2/30	[Unatt]	00:44:52	00:45:00	122	Sheila Jones	F60	2/15	RadcliffeA	00:52:33	00:52:36
43	Liam Ward	M35	16/34	Mancr YMCA	00:44:50	00:45:01	123	Dave Farr	M40	28/43	BrightonHv	00:52:31	00:52:40
44	Roberto Raso	M60	2/13	MancrFront	00:45:05	00:45:07	124	David Hanks	M50	19/30	[Unatt]	00:52:49	00:52:51
45	Nigel Smith	M40	11/43	MancrFront	00:45:01	00:45:10	125	Lincoln Smith	MS	24/38	[Unatt]	00:52:50	00:53:04
46	Martin Sampson	M40	12/43	MiddletonH	00:45:14	00:45:15	126	Alex McCann	M40	29/43	[Unatt]	00:53:04	00:53:08
47	James Whitehead	MS	13/38	Mancr YMCA	00:45:27	00:45:38	127	Aaron Fawcett	M40	30/43	[Unatt]	00:52:57	00:53:13
48	Mitesh Patel	M40	13/43	PrestwichA	00:45:33	00:45:47	128	Matthew MacCann	M50	20/30	DidsburyRn	00:53:11	00:53:19
49	Chris. Learmonth	M40	14/43	EdinburghF	00:45:53	00:45:55	129	Jenny Woods	FS	7/30	Levenshulm	00:53:22	00:53:27
50	Hector Roddan	M35	17/34	L'poolFron	00:45:42	00:45:56	130	Jonathan Jones	MS	25/38	[Unatt]	00:53:03	00:53:28
51	Allan Moore	M35	18/34	[Unatt]	00:45:53	00:45:56	131	Craig Budzick	MS	26/38	[Unatt]	00:53:04	00:53:29
52	Neil McGregor	M60	3/13	Mancr YMCA	00:45:42	00:46:02	132	Daniel HunterDowsing	M35	28/34	[Unatt]	00:53:04	00:53:29
53	Tommy Newman	MS	14/38	MancrFront	00:46:00	00:46:04	133	Jen Haywood	F40	6/41	Vegan Runn	00:53:16	00:53:35
54	Matthew Ward	M35	19/34	[Unatt]	00:45:55	00:46:05	134	Harry Kelly	M50	21/30	[Unatt]	00:53:37	00:53:41
55	Karen Fleming	F50	1/57	EastCheshr	00:46:00	00:46:06	135	Debbie Kelly	F50	5/57	[Unatt]	00:53:37	00:53:41
56	Michael Bean	M50	3/30	DidsburyRn	00:46:08	00:46:15	136	Helen Hart	F40	7/41	[Unatt]	00:53:54	00:54:01
57	Stephen Rotherham	MS	15/38	[Unatt]	00:46:04	00:46:27	137	Chris Woolfenden	M40	31/43	MancrFront	00:54:02	00:54:04
58	Antonia Richman	F35	1/15	[Unatt]	00:46:29	00:46:34	138	Alex Martin	MS	27/38	[Unatt]	00:54:19	00:54:24
59	James Hynes	M50	4/30	[Unatt]	00:46:30	00:46:42	139	Adam Foster	MS	28/38	[Unatt]	00:54:05	00:54:25
60	Joe Jarvis	M35	20/34	MancrFront	00:46:43	00:46:47	140	Sinead Ferguson	F40	8/41	Sale Harrs	00:54:26	00:54:32
61	John Udoyop	M40	15/43	Newcast FR	00:46:51	00:46:59	141	Joanne Lee	F40	9/41	MiddletonH	00:54:34	00:54:48
62	Rebecca Corbett	F35	2/15	Buxton AC	00:46:54	00:47:00	142	Ben Whitehead	N40	1/2	LeedsFront	00:55:11	00:55:15
63	Darren Sharples	M40	16/43	MiddletonH	00:47:01	00:47:03	143	Frank Rogers	M50	22/30	BelleVueRc	00:55:11	00:55:17
64	John Humphreys	M35	21/34	MiddletonH	00:47:12	00:47:14	144	Lianne Williams	FS	8/30	Levenshulm	00:55:13	00:55:18
65	James O'Connor	M50	5/30	MiddletonH	00:47:17	00:47:23	145	Michael GilmanHughes	M40	32/43	[Unatt]	00:55:08	00:55:20
66	John Butler	MS	16/38	[Unatt]	00:47:10	00:47:24	146	Sally Wood	F35	5/15	Mancr YMCA	00:55:27	00:55:39
67	Vicki Creighton	F35	3/15	[Unatt]	00:47:20	00:47:27	147	Justin O'Brien	M50	23/30	[Unatt]	00:55:36	00:55:41
68	Joe Carne	M35	22/34	MancrFront	00:47:24	00:47:28	148	Ruth Fearn	F60	3/15	[Unatt]	00:55:25	00:55:46
69	Patrick Donohoe	M60	4/13	[Unatt]	00:47:29	00:47:37	149	Simon Tucker	M50	24/30	[Unatt]	00:55:35	00:55:47
70	Andrew Melville	M35	23/34	Newcast FR	00:47:36	00:47:43	150	Matthew Rouse	M40	33/43	[Unatt]	00:55:47	00:55:56
71	Luke Millington	MS	17/38	MancrFront	00:47:41	00:47:44	151	Claire Chadwick	F50	6/57	Newcast FR	00:55:51	00:56:03
72	Luke Wokey	M40	17/43	[Unatt]	00:47:40	00:47:46	152	Mike Grimshaw	M50	25/30	MiddletonH	00:55:54	00:56:05
73	Anthony Walsh	M50	6/30	MiddletonH	00:47:42	00:47:50	153	Jane Knowles	F40	10/41	[Unatt]	00:55:58	00:56:14
74	Tom Barnes	M35	24/34	MancrFront	00:47:49	00:47:50	154	Jonathan Short	M50	26/30	[Unatt]	00:56:10	00:56:22
75	Berni Cain	F40	2/41	MiddletonH	00:47:51	00:47:52	155	Alan Garvey	M60	6/13	MiddletonH	00:56:10	00:56:32
76	Josie Clough	FS	1/30	Mancr YMCA	00:47:44	00:47:55	156	Deborah Luckman	F50	7/57	[Unatt]	00:56:21	00:56:34
77	John Tatlow	M35	25/34	MancrFront	00:47:50	00:47:57	157	David Fearn	M60	7/13	[Unatt]	00:56:16	00:56:36
78	Paul Davenport	M50	7/30	[Unatt]	00:48:05	00:48:08	158	Fiona Bolton	F60	4/15	MiddletonH	00:56:32	00:56:46
79	Linda Rix	F60	1/15	MancrFront	00:48:12	00:48:17	159	Catherine Daly	F40	11/41	EastCheshr	00:56:43	00:56:50
80	Andrew Cole	M50	8/30	EastCheshr	00:48:14	00:48:20	160	Jim Wakeley	M40	34/43	[Unatt]	00:56:35	00:56:59

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Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime		
161	Sally Cheetham	F50	8/57	BelleVueRc	00:56:50	00:57:09	241	Laura Chambers	F40	24/41	BramleyBre	01:06:28	01:06:52		
162	Mark Bailey	M50	27/30	[Unatt]	00:56:58	00:57:12	242	Jo Sparling	F50	29/57	[Unatt]	01:06:47	01:07:01		
163	Meropi Tzanetakakis	F40	12/41	[Unatt]	00:57:02	00:57:13	243	Jon Kitchener	M40	40/43	[Unatt]	01:06:43	01:07:02		
164	Tina Thompson	F50	9/57	[Unatt]	00:57:12	00:57:14	244	Jacqui McCann	F50	30/57	[Unatt]	01:07:00	01:07:05		
165	Ben Crosby	MS	29/38	[Unatt]	00:57:14	00:57:27	245	Peter Corbett	M60	11/13	[Unatt]	01:06:49	01:07:15		
166	Tony Hillier	M60	8/13	StockportH	00:57:32	00:57:36	246	Nancy Doyle	F50	31/57	[Unatt]	01:07:07	01:07:28		
167	Andrew Budzik	MS	30/38	[Unatt]	00:57:35	00:57:59	247	Lesley Moreland	F50	32/57	UKRunChatR	01:07:19	01:07:47		
168	Shoaib Shah	MS	31/38	MancrFront	00:57:44	00:58:04	248	John Basing	M40	41/43	BelleVueRc	01:07:24	01:07:52		
169	Rakesh Chamba	M40	35/43	MancrFront	00:57:53	00:58:05	249	Anthony Berry	M60	12/13	[Unatt]	01:07:36	01:08:03		
170	Stephen Jewell	M50	28/30	Dragons RC	00:57:48	00:58:05	250	Jennifer Laptew	F40	25/41	MiddletonH	01:07:56	01:08:09		
171	Helen Reagan	F50	10/57	Sale Harrs	00:58:18	00:58:25	251	Michelle Smithies	FS	23/30	[Unatt]	01:08:01	01:08:25		
172	Alex Fox	M35	29/34	LeedsFront	00:58:24	00:58:30	252	Sheela Ghosh	F50	33/57	Hoylake RR	01:08:10	01:08:29		
173	Shameem Younis	F40	13/41	HydeVillSt	00:58:25	00:58:32	253	Eloise Mack	F35	12/15	[Unatt]	01:08:22	01:08:43		
174	Craig Sutherland	M60	9/13	MiddletonH	00:58:27	00:58:50	254	Jo Clarke	F50	34/57	MilesHyClb	01:08:42	01:08:58		
175	Dawn Anderson	F50	11/57	MiddletonH	00:58:29	00:58:51	255	Max Duncan	MS	37/38	[Unatt]	01:09:01	01:09:01		
176	Marie Sutton	F35	6/15	[Unatt]	00:58:52	00:59:05	256	Nina Beswetherick	F40	26/41	MancrFront	01:09:06	01:09:17		
177	Jason Attwood	M35	30/34	Burnden RR	00:59:03	00:59:16	257	Kate Frain	F40	27/41	[Unatt]	01:09:20	01:09:20		
178	Emma Clark	F35	7/15	PrestwichA	00:59:09	00:59:19	258	Kim Turner	F40	28/41	[Unatt]	01:09:00	01:09:22		
179	Lucy Hatte	F40	14/41	[Unatt]	00:59:10	00:59:23	259	Cathy Ashworth	F50	35/57	[Unatt]	01:09:00	01:09:23		
180	Emma Wolstencroft	F50	12/57	RadcliffeA	00:59:13	00:59:32	260	Caroline Lacey	F60	8/15	Manc'rHarr	01:09:04	01:09:23		
181	Shauna Marsh	FS	9/30	[Unatt]	00:59:34	00:59:47	261	Adam Cooper	M40	42/43	[Unatt]	01:09:05	01:09:24		
182	Louise Butterworth	F50	13/57	MiddletonH	00:59:37	00:59:48	262	Lorraine Wilson	F50	36/57	LonelyGoat	01:09:40	01:09:56		
183	Chris Bannister	MS	32/38	[Unatt]	00:59:43	00:59:54	263	Natasha Ellis	F35	13/15	[Unatt]	01:09:40	01:09:56		
184	Harriet Burgess	F35	8/15	Levenshulm	01:00:03	01:00:08	264	Catherine Unwin	F50	37/57	[Unatt]	01:10:07	01:10:29		
185	Kyrinda Carter-Moore	F50	14/57	MiddletonH	01:00:18	01:00:21	265	Mandy Cregg	F50	38/57	MiddletonH	01:10:21	01:10:37		
186	Victoria Hobbs	FS	10/30	Newcast FR	01:00:07	01:00:22	266	Alicia Custis	F50	39/57	[Unatt]	01:10:18	01:10:39		
187	Mary Crawshaw	FS	11/30	Levenshulm	01:00:29	01:00:34	267	Ruth Hare	F60	9/15	MiddletonH	01:10:52	01:11:06		
188	Gary Wilkinson	M50	29/30	[Unatt]	01:00:11	01:00:38	268	Paula Healey	F60	10/15	[Unatt]	01:11:09	01:11:31		
189	Ian Floyd	M60	10/13	[Unatt]	01:00:33	01:00:51	269	Natalie Reilly	F50	40/57	[Unatt]	01:11:22	01:11:42		
190	Aaron Madiot	M40	36/43	[Unatt]	01:00:51	01:00:57	270	Anna McDermott	F50	41/57	[Unatt]	01:11:23	01:11:44		
191	Matthew Parkes	M35	31/34	MancrFront	01:01:04	01:01:19	271	Mairead Lepki	F50	42/57	[Unatt]	01:11:24	01:11:45		
192	Beth Stevens	FS	12/30	[Unatt]	01:01:14	01:01:29	272	Lorna Gowerson	F60	11/15	Trawden AC	01:11:36	01:11:46		
193	Stephen Park	M40	37/43	Warr'tonRC	01:01:18	01:01:35	273	Mark O'Loughlin	M40	43/43	[Unatt]	01:11:46	01:12:03		
194	Janette Watson	F50	15/57	Levenshulm	01:01:15	01:01:40	274	Paul Jaggs	M35	33/34	[Unatt]	01:11:54	01:12:08		
195	Jessie Parkin	FS	13/30	[Unatt]	01:01:30	01:01:52	275	Hannah Hamilton	F40	29/41	MiddletonH	01:12:15	01:12:31		
196	Sally Pearson	F40	15/41	Newcast FR	01:01:43	01:01:57	276	Emma Hopwood	F35	14/15	SouthprtSt	01:12:27	01:12:52		
197	Eloise Armstrong	FS	14/30	[Unatt]	01:01:50	01:02:02	277	Michelle Maher	F50	43/57	[Unatt]	01:12:33	01:12:57		
198	Catherine Murphy	F50	16/57	MiddletonH	01:01:59	01:02:09	278	Anne Lowe	F40	30/41	[Unatt]	01:12:39	01:13:01		
199	S. McArdle-Watson	FS	15/30	[Unatt]	01:02:07	01:02:14	279	Nicola Fisher	F50	44/57	[Unatt]	01:12:50	01:13:06		
200	Sue Passmore	F60	5/15	Trawden AC	01:02:11	01:02:20	280	Emma Martin	FS	24/30	GoytValley	01:12:44	01:13:10		
201	Sarah Cowdell	F60	6/15	AcreStreet	01:02:14	01:02:22	281	Vanessa Connolly	F40	31/41	[Unatt]	01:12:46	01:13:13		
202	Julie Todd	F50	17/57	[Unatt]	01:02:17	01:02:25	282	Kirsty Kambites	F40	32/41	[Unatt]	01:13:12	01:13:37		
203	Daniel Rotherham	MS	33/38	[Unatt]	01:02:08	01:02:26	283	Lisa Ward	F50	45/57	Hoylake RR	01:13:20	01:13:38		
204	Michelle Flower	F40	16/41	Vegan Runn	01:02:23	01:02:42	284	Beckie Waterton	F40	33/41	Hoylake RR	01:13:21	01:13:38		
205	Rachel Softley	FS	16/30	[Unatt]	01:02:34	01:02:44	285	Jana Dasgupta	F50	46/57	Hoylake RR	01:13:39	01:13:56		
206	Stuart Nickerson	MS	34/38	[Unatt]	01:02:34	01:02:45	286	Sara Morris	F50	47/57	Hoylake RR	01:13:40	01:13:56		
207	Cindy Cheung	F35	9/15	[Unatt]	01:02:27	01:02:51	287	Nikki Anderson	F50	48/57	[Unatt]	01:14:54	01:15:15		
208	DP Lewis Musselwhite	MS	35/38	MancrFront	01:02:59	01:03:15	288	Andrea Smethurst	F60	12/15	[Unatt]	01:14:58	01:15:21		
209	Clare Reynolds	F40	17/41	[Unatt]	01:03:12	01:03:33	289	Julie Donly	F50	49/57	[Unatt]	01:15:50	01:15:52		
210	Chris Fisher	M50	30/30	[Unatt]	01:03:34	01:03:37	290	Justine Makin	F50	50/57	[Unatt]	01:16:26	01:16:48		
211	Laura Aiken	F35	10/15	RadcliffeA	01:03:20	01:03:38	291	Steve Bassam	M60	13/13	MiddletonH	01:16:34	01:16:57		
212	Gemma Hallworth	F40	18/41	[Unatt]	01:03:37	01:03:40	292	Tracey Mawdsley	F50	51/57	Trawden AC	01:17:29	01:17:38		
213	David Burley	M40	38/43	[Unatt]	01:03:26	01:03:42	293	Kay Fynan	F40	34/41	[Unatt]	01:17:29	01:17:45		
214	Lisa Baron	F40	19/41	Red RoseRR	01:03:27	01:03:42	294	Charlotte Doughty	F50	52/57	[Unatt]	01:17:22	01:17:49		
215	Duncan Cross	M40	39/43	[Unatt]	01:03:21	01:03:47	295	Natasha Elson	FS	25/30	[Unatt]	01:17:30	01:17:50		
216	Paula Crosland	F50	18/57	[Unatt]	01:03:39	01:03:50	296	Angela McGinness	F40	35/41	[Unatt]	01:18:10	01:18:27		
217	Tracy Livesey	F50	19/57	Manc'rHarr	01:03:52	01:03:52	297	Sarah Ashurst	F40	36/41	[Unatt]	01:18:09	01:18:27		
218	Lisa Grimshaw	F50	20/57	MiddletonH	01:03:43	01:03:53	298	Abigail Swainston	F40	37/41	DenbighHar	01:18:11	01:18:28		
219	Mhairi Williamson	FS	17/30	[Unatt]	01:03:49	01:04:02	299	Rosa Elliott	F60	13/15	Girls Jeff	01:18:05	01:18:31		
220	Toni Butler	FS	18/30	[Unatt]	01:04:01	01:04:15	300	Stella Postlethwaite	F35	15/15	Newcast FR	01:18:29	01:18:45		
221	Nikki Burgess	F50	21/57	Manc'rHarr	01:04:01	01:04:20	301	Cheryl Dunleavy	F40	38/41	Burnden RR	01:18:58	01:19:11		
222	Emily Johnson	F40	20/41	Levenshulm	01:03:57	01:04:21	302	Hilary Archibald	F50	53/57	[Unatt]	01:18:54	01:19:16		
223	Helen Millward	F35	11/15	OldhamRoyt	01:04:07	01:04:31	303	Angela France	F60	14/15	[Unatt]	01:19:04	01:19:26		
224	Abi Robertson	FS	19/30	[Unatt]	01:04:17	01:04:32	304	Jennifer Bevan	FS	26/30	Vegan Runn	01:19:07	01:19:28		
225	Janet Hunt	F50	22/57	MiddletonH	01:04:19	01:04:34	305	Jennifer Taylor	F40	39/41	Vegan Runn	01:19:08	01:19:28		
226	Roz McCoy	F50	23/57	[Unatt]	01:04:23	01:04:44	306	Hannah Perrin	FS	27/30	[Unatt]	01:20:58	01:21:25		
227	Alex Duffy	MS	36/38	[Unatt]	01:04:45	01:05:02	307	Lynsey Brannagan	F40	40/41	[Unatt]	01:21:22	01:21:45		
228	Sarah Brown	F40	21/41	Burnden RR	01:04:57	01:05:09	308	Karen Whiteley	F50	54/57	[Unatt]	01:22:16	01:22:42		
229	Harriet Robinson	FS	20/30	BrighouseB	01:04:54	01:05:13	309	Christopher Tennant	MS	38/38	[Unatt]	01:23:03	01:23:28		
230	Cathrine Holland	F50	24/57	[Unatt]	01:04:53	01:05:19	310	Danielle Moore	FS	28/30	[Unatt]	01:23:04	01:23:29		
231	Carmen Concannon	F50	25/57	[Unatt]	01:05:09	01:05:19	311	Helen O'Donnell	FS	29/30	Newcast FR	01:23:29	01:23:44		
232	Deborah Beresford	F50	26/57	Manc'rHarr	01:05:09	01:05:28	312	Craig Peake	M35	34/34	[Unatt]	01:25:30	01:25:49		
233	Vicki Symes	F40	22/41	[Unatt]	01:05:12	01:05:35	313	Judith Simpson	F40	41/41	[Unatt]	01:25:31	01:25:50		
234	Mark Hamill	M35	32/34	ChorltonRn	01:05:44	01:05:57	314	Jo Wainwright	F50	55/57	Ramsbottom	01:27:10	01:27:32		
235	Jo Shuttleworth	F40	23/41	ChorltonRn	01:05:45	01:05:57	315	Dominique Jones	N40	2/2	[Unatt]	01:27:27	01:27:52		
236	Keah Riley	FS	21/30	[Unatt]	01:06:09	01:06:32	316	Lorraine Gibbs	F50	56/57	LonelyGoat	01:30:37	01:31:06		
237	Chloe Wood	FS	22/30	[Unatt]	01:06:10	01:06:34	317	Amanda Worthington	F50	57/57	[Unatt]	01:34:06	01:34:15		
238	Julie Bridge	F50	27/57	[Unatt]	01:06:27	01:06:36	318	Lynn Shakespeare	F60	15/15	[Unatt]	01:39:03	01:39:24		
239	Mandy Coleman	F50	28/57	[Unatt]	01:06:27	01:06:36	319	Tail Runner	FS	30/30	MancrFront	01:38:57	01:39:27		
240	Mo Kelly	F60	7/15	Trawden AC	01:06:32	01:06:41									