

Guiseley Gallop Multi-Terrain Race, nr. Leeds, West Yorkshire

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31st March 2024RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Jack Cummings	MS	1/20	Ilkley Harriers	00:35:38	100	Hugo Chan	MS	17/20	[Unattached] (23)	00:57:04
2	Andrew Humphries	M35	1/9	Airecentre Pacers	00:36:23	101	Martin O'Brien	M60	12/19	Stainland Lions RC	00:57:06
3	Christos Tzelis	MS	2/20	Ilkley Harriers	00:38:46	102	Finlay Wilkinson	MS	18/20	[Unattached] (227)	00:57:07
4	Dexter Sparrow	MS	3/20	Blackpool Wyre & Fylde AC	00:40:00	103	Clair Priestley	F45	4/17	Trawden AC	00:57:17
5	Dave Parker	M55	1/18	St. Theresa's AC	00:41:06	104	E Adams	M45	15/21	Valley Striders AC	00:57:25
6	Jack MacFarlane	MS	4/20	[Unattached] (200)	00:41:22	105	Daniel Garrod	MS	19/20	[Unattached] (56)	00:57:45
7	Nico Drinkwater	M45	1/21	Pudsey Pacers RunningClub	00:41:42	106	Alan Douglas	M50	13/16	Saltaire Striders	00:57:49
8	John Shanks	M40	1/10	Valley Striders AC	00:42:10	107	Ann Chivers	F45	5/17	Roundhay Runners	00:57:51
9	Anthony Ingor	M35	2/9	Dragons Running Club	00:42:19	108	Graham Darcy	M55	14/18	Saltaire Striders	00:58:03
10	Scott Thwaites	MS	5/20	[Unattached] (172)	00:42:27	109	Ben Taylor	M40	9/10	[Unattached] (168)	00:58:11
11	Henry Eglin	MS	6/20	Baildon Runners	00:42:28	110	Jeremy Scott	M55	15/18	Nidd Valley Road Runners	00:58:13
12	Paul Gidlow	M45	2/21	Horsforth Harriers	00:42:43	111	Christine Holleran	F60	3/9	Nidd Valley Road Runners	00:58:15
13	Will Morris	M40	2/10	[Unattached] (116)	00:43:06	112	Rowena Garton	F45	6/17	Skipton AC	00:58:22
14	Max Ross	MS	7/20	Baildon Runners	00:43:20	113	John McDonald	M60	13/19	Trawden AC	00:58:23
15	Rich Allen	M45	3/21	Pudsey Pacers RunningClub	00:43:31	114	Hazel Ives	F65	1/6	Skipton AC	00:58:27
16	Ruth Kitchen	FS	1/8	Ilkley Harriers	00:43:47	115	Robert Harrison	M50	14/16	Dragons Running Club	00:58:39
17	Richard Walker	M50	1/16	Airecentre Pacers	00:43:57	116	John Cooke	M65	4/10	Tadcaster Harriers	00:59:05
18	Thomas Mountain	MS	8/20	Ilkley Harriers	00:44:32	117	Hilary Seward	F55	1/6	Skipton AC	00:59:38
19	Jamie Walsh	MS	9/20	Otley AC	00:44:48	118	Caroline Asquith	F40	2/7	[Unattached] (3)	00:59:51
20	Michael Williams	MS	10/20	[Unattached] (189)	00:44:58	119	Diane Kitchen	F65	2/6	Ilkley Harriers	00:59:58
21	Mark Orbell	M60	1/19	Pudsey Pacers RunningClub	00:45:06	120	Dan Pullinger	M45	16/21	Pudsey Pacers RunningClub	01:00:01
22	Paul Crossley	M45	4/21	Skipton AC	00:45:17	121	Diane Winnard	F65	3/6	Nidd Valley Road Runners	01:00:08
23	Martin Lofthouse	M55	2/18	Nidd Valley Road Runners	00:45:24	122	Sally Ralphson	FS	5/8	Didsbury Runners	01:00:09
24	Gary Wilkinson	M50	2/16	Harrogate Harriers	00:45:39	123	Sam Padfield	MS	20/20	[Unattached] (127)	01:00:10
25	David McCabe	M50	3/16	Trawden AC	00:45:50	124	John Carman	M70	2/5	Trawden AC	01:00:11
26	Peter Shelley	M55	3/18	Ilkley Harriers	00:45:54	125	Emma David	F45	7/17	Nidd Valley Road Runners	01:00:14
27	Richard Joel	M55	4/18	Ilkley Harriers	00:46:03	126	Mark David	M60	14/19	Nidd Valley Road Runners	01:00:14
28	Adam Gerrish	MS	11/20	Ilkley Harriers	00:46:16	127	Chris Sawyer	M65	5/10	Valley Striders AC	01:00:31
29	Thomas Singleton	MS	12/20	Pudsey Pacers RunningClub	00:46:18	128	Sarah Chantrill	F50	2/11	Abbey Runners	01:00:32
30	Mark Duerden	M55	5/18	Trawden AC	00:46:25	129	Jim Wheldon	M70	3/5	Pudsey Pacers RunningClub	01:00:35
31	Steve Jones	MS	13/20	Valley Striders AC	00:46:28	130	Simon Padfield	M45	17/21	[Unattached] (128)	01:00:48
32	Lee Gumbrell	M35	3/9	Otley AC	00:46:30	131	Richard Cooke	M50	15/16	[Unattached] (29)	01:00:50
33	Simon Osbaldiston	M55	6/18	[Unattached] (219)	00:46:34	132	Gemma Storr	F55	2/6	Pudsey Pacers RunningClub	01:01:07
34	Andy Parker	M45	5/21	Leeds City AC	00:46:37	133	Isabel Hart	FS	6/8	Otley AC	01:01:12
35	Alan Walsh	M40	3/10	Upper Wharfedale Runners	00:46:57	134	Patricia Gill	F55	3/6	Skipton AC	01:01:21
36	John Hayes	M55	7/18	Ilkley Harriers	00:46:58	135	Kathryn Wood	F50	3/11	Saltaire Striders	01:01:31
37	Kevin Nicholas	M60	2/19	Nidd Valley Road Runners	00:47:29	136	Harriet Fletcher	F50	4/11	Saltaire Striders	01:01:39
38	Paul Smith	M50	4/16	Valley Striders AC	00:47:35	137	Paula Stell	F50	5/11	Red Rose Road Runners	01:01:50
39	David Mullen	M60	3/19	Abbey Runners	00:47:44	138	Howard Jeffrey	M65	6/10	Otley AC	01:01:52
40	Adrian Blackledge	M45	6/21	Trawden AC	00:47:48	139	Alistair Smyth	M65	7/10	[Unattached] (157)	01:01:55
41	Lee Taylor	M45	7/21	Hyde Park Harriers	00:48:09	140	Hattie White	FS	7/8	Ilkley Harriers	01:02:47
42	Richard White	M50	5/16	Baildon Runners	00:48:41	141	Leila Kara	F60	4/9	Valley Striders AC	01:02:48
43	Molly Ralphson	F50	1/11	Trawden AC	00:48:54	142	Pauline Hogg	F45	8/17	Nidd Valley Road Runners	01:02:52
44	Warren Goldie	M35	4/9	[Unattached] (197)	00:48:59	143	Adrian Barton	M70	4/5	[Unattached] (5)	01:02:53
45	Andrew Price	M40	4/10	Baildon Runners	00:49:12	144	Liz Porteous	F45	9/17	Airecentre Pacers	01:03:16
46	Philip McAliee	M40	5/10	[Unattached] (104)	00:49:19	145	Andy Norman	M50	16/16	Pudsey Pacers RunningClub	01:03:36
47	Steph Wilson	F45	1/17	Pudsey & Bramley AC	00:49:24	146	Stuart Bond	M45	18/21	Skipton AC	01:04:11
48	Richard Brook	M45	8/21	Queensbury Running Club	00:49:46	147	Emma Lacey	F50	6/11	Skipton AC	01:04:24
49	Emma Hart	F45	2/17	Otley AC	00:49:47	148	Ken Fox	M65	8/10	Valley Striders AC	01:04:46
50	Tony Pye	M45	9/21	Ilkley Harriers	00:49:59	149	Samantha Barnes	F45	10/17	Trawden AC	01:05:09
51	Derek Oliver	M60	4/19	Ilkley Harriers	00:50:12	150	Lisa Prosho	F60	5/9	Saltaire Striders	01:05:18
52	Roger Wilkinson	M55	8/18	[Unattached] (188)	00:50:23	151	Shane Gillingham	M35	9/9	[Unattached] (60)	01:05:22
53	Richard Parker	M55	9/18	Skipton AC	00:50:27	152	Paula Heath	F45	11/17	Dragons Running Club	01:05:36
54	Richard Haynes	M35	5/9	Airecentre Pacers	00:50:35	153	Amy Llewellyn	F40	3/7	Airecentre Pacers	01:05:43
55	Joel Fellick	MS	14/20	Kirkstall Harriers	00:50:52	154	Ian Hothersall	M60	15/19	Trawden AC	01:06:15
56	Andrew Carruthers	M60	5/19	Baildon Runners	00:50:59	155	Philip Jones	M65	9/10	Baildon Runners	01:06:38
57	David Bock	M60	6/19	[Unattached] (13)	00:51:02	156	Trudy Ellis	F45	12/17	[Unattached] (47)	01:06:41
58	Kjell Skjervén	M55	10/18	South Leeds Lakers RC	00:51:03	157	Louise Preston	F45	13/17	Trawden AC	01:07:14
59	Andrew Stell	M50	6/16	Red Rose Road Runners	00:51:05	158	Shevonne McLarnon	F50	7/11	Kirkstall Harriers	01:07:18
60	Robert Mager	M40	6/10	Trawden AC	00:51:11	159	Catherine Riley	F50	8/11	Trawden AC	01:07:40
61	Jim Holding	M65	1/10	Nidd Valley Road Runners	00:51:12	160	Sarah Benn	F45	14/17	[Unattached] (7)	01:07:44
62	Gareth Millard	M40	7/10	Pudsey Pacers RunningClub	00:51:16	161	Wayne Ellison	M45	19/21	Trawden AC	01:07:46
63	Simon Cocker	M55	11/18	Nidd Valley Road Runners	00:51:28	162	Jenny Manning	F50	9/11	Nidd Valley Road Runners	01:07:55
64	Oliver Miller	MS	15/20	[Unattached] (113)	00:51:47	163	Cheryl Jepson	F35	3/5	Bingley Harriers & AC	01:08:06
65	Joel Dalby	M45	10/21	Skipton AC	00:51:57	164	Dennis O'Keefe	M70	5/5	Halifax Harriers & AC	01:08:39
66	Jonathan Eagle	M60	7/19	Horsforth Harriers	00:52:20	165	Camilla Hall	FS	8/8	Kirkstall Harriers	01:08:51
67	George Wilkinson	MS	16/20	[Unattached] (187)	00:52:21	166	Emma Sadler	F40	4/7	Upper Wharfedale Runners	01:09:16
68	Laura Firth	FS	2/8	Bingley Harriers & AC	00:52:22	167	Sarah Bracher	F40	5/7	Nidd Valley Road Runners	01:09:17
69	Ellie Attack	FS	3/8	Wetherby Runners AC	00:52:29	168	Kate Walter	F60	6/9	Baildon Runners	01:09:19
70	Laura Lee	F40	1/7	Trawden AC	00:52:36	169	Chris Rose	F70	1/1	Skipton AC	01:09:26
71	Christian Ellis	M50	7/16	[Unattached] (45)	00:52:58	170	Neil Sedgley	M55	16/18	Valley Striders AC	01:09:47
72	David Bentley	M50	8/16	[Unattached] (9)	00:53:00	171	Louise Milburn	F55	4/6	Upper Wharfedale Runners	01:10:10
73	Nicholas Beevers	M50	9/16	[Unattached] (6)	00:53:15	172	Mick Clayton	M55	17/18	Pudsey Pacers RunningClub	01:10:20
74	Ella Bishop	FS	4/8	Pudsey Pacers RunningClub	00:53:33	173	Karen Windle	F60	7/9	Trawden AC	01:10:31
75	Matthew Ellis	M45	11/21	Abbey Runners	00:53:35	174	Paul Norman	M60	16/19	Skipton AC	01:11:12
76	Geoffrey Baggaley	M65	2/10	[Unattached] (231)	00:53:40	175	Adam Ellis	M45	20/21	Abbey Runners	01:11:28
77	Nigel Scaife	M50	10/16	Nidd Valley Road Runners	00:53:47	176	John Middlebrough	M55	18/18	[Unattached] (110)	01:11:46
78	Ian Mitchell	M60	8/19	Knaresborough Striders	00:53:52	177	Clare Brame	F35	4/5	Lonely Goat Running Club	01:12:02
79	Phil Hutchinson	M50	11/16	[Unattached] (206)	00:53:54	178	Liz Whittaker	F55	5/6	Abbey Runners	01:12:04
80	Alison Bennett	F60	1/9	Ilkley Harriers	00:53:56	179	Louise Handley	F40	6/7	Chapel Allerton Runners	01:12:13
81	Mike Scott	M50	12/16	[Unattached] (148)	00:54:45	180	Sarah King	F40	7/7	Upper Wharfedale Runners	01:13:10
82	Shane Corcoran	M35	6/9	[Unattached] (205)	00:54:45	181	Caroline Lawton	F50	10/11	Dragons Running Club	01:13:32
83	Faye Clark	F35	1/5	Abbey Runners	00:54:50	182	Eme Musgrove	F45	15/17	[Unattached] (118)	01:13:53
84	Darren Keighley	M45	12/21	Pudsey Pacers RunningClub	00:54:57	183	Colin Whitehead	M40	10/10	[Unattached] (183)	01:13:53
85	Brad Strutt	M35	7/9	Pudsey Pacers RunningClub	00:55:01	184	Shelagh Hopkinson	F65	4/6	Baildon Runners	01:14:23
86	Roy Huggins	M60	9/19	Valley Striders AC	00:55:10	185	Gillian Greenwood	F60	8/9	Trawden AC	01:14:39
87	Ian Hoskins	M55	12/18	Stainland Lions RC	00:55:11	186	David Greenwood	M60	17/19	Trawden AC	01:14:40
88	Fiona Deacon	F60	2/9	Nidd Valley Road Runners	00:55:21	187	Clare Dinsdale	F45	16/17	[Unattached] (38)	01:16:25
89	Tom Horsley	M35	8/9	[Unattached] (213)	00:55:28	188	Liz Holmes	F45	17/17	[Unattached] (77)	01:16:25
90	Michael J Woodhead	M40	8/10	Baildon Runners	00:55:30	189	Ruth Elkington	F60	9/9	Skipton AC	01:17:14
91	Paul Greene	M60	10/19	Abbey Runners	00:55:36	190	Helen Jallow	F35	5/5	[Unattached] (84)	01:17:14
92	David Halladay	M60	11/19	Lonely Goat Running Club	00:55:38	191	Turk Morris	F55	6/6	[Unattached] (115)	01:19:21
93	Eleanor Parker Hyde	F35	2/5	Morley AC	00:56:06	192	Tim Rodrigo	M45	21/21	[Unattached] (139)	01:19:21
94	Stephen Pattison	M65	3/10	[Unattached] (130)	00:56:20	193	Anthony Fulop	M60	18/19	Burnden Road Runners	01:19:46
95	Martin Wilson	M70	1/5	[Unattached] (208)	00:56:21	194	Linda Carey	F65	5/6	Baildon Runners	01:20:21
96	Daniel Sadler	M45	13/21	Upper Wharfedale Runners	00:56:34	195	Lisa Leadon	F50	11/11	Horsforth Harriers	01:21:46
97	Paula Walsh	F45	3/17	Trawden AC	00:56:37	196	Peter Miller	M65	10/10	[Unattached] (226)	01:21:54
98	Graham Turner	M45	14/21	Airecentre Pacers	00:56:42	197	Julie Carman	F65	6/6	Trawden AC	01:25:55
99	Jim Whittaker	M55	13/18	Abbey Runners	00:56:49	198	Chris Aldred	M60	19/19	[Unattached] (1)	01:28:45