

Salford 10k Road Race, Manchester

Salford 10k Road Race, Manchester						29th March 2024		RESULTS		Results: UKtimers.net & UKresults.net			
Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
121	David Cornes	M35	23/51	SalfordMet	00:39:08	00:39:16	181	Phil Ramsey	M45	17/47	Bramhall R	00:41:22	00:41:34
122	Ben Hodgkinson	MS	43/105	[Unatt]	00:39:17	00:39:18	182	Philip Gregory	M45	18/47	[Unatt]	00:41:30	00:41:35
123	Harry Halstead	MS	44/105	[Unatt]	00:39:18	00:39:18	183	Ravi Patel	MS	65/105	Burnden RR	00:41:18	00:41:35
124	Robert Heggs	M45	10/47	ChorltonRn	00:39:11	00:39:20	184	Peter Brown	M50	14/46	SalfordMet	00:41:24	00:41:37
125	Thomas Sharp	M40	18/50	WakefieldH	00:39:21	00:39:22	185	Kevin Ryan	M45	19/47	Swinton RC	00:41:32	00:41:38
126	Harry Brook-Dobson	MS	45/105	Ilkley Har	00:39:09	00:39:24	186	Daniel Brearley	M35	29/51	[Unatt]	00:41:21	00:41:43
127	Steven Smith	M35	24/51	Slaithwait	00:39:14	00:39:26	187	Sarah Flett	F35	6/22	Bury AC	00:41:37	00:41:50
128	Ryan Moroney	M35	25/51	[Unatt]	00:39:19	00:39:28	188	David Holt	M35	30/51	AstleyTyld	00:41:53	00:41:57
129	Simon Jackson	M50	12/46	Sale Harrs	00:39:24	00:39:30	189	Gordon Nicoll	M60	3/26	Altrincham	00:42:00	00:42:00
130	Phil Tucker	M40	19/50	[Unatt]	00:39:28	00:39:33	190	Lee Gerrard	M45	20/47	[Unatt]	00:41:55	00:42:03
131	Chris Walker	MS	46/105	[Unatt]	00:39:25	00:39:36	191	Martin Sampson	M40	27/50	MiddletonH	00:42:04	00:42:04
132	Joe Nithsdale	MS	47/105	[Unatt]	00:39:33	00:39:40	192	Ian Nuttall	M55	6/44	PrestwichA	00:41:55	00:42:07
133	Gavin Bannister	M40	20/50	[Unatt]	00:39:32	00:39:40	193	Sarah Cleal	F40	1/29	Bramhall R	00:42:05	00:42:13
134	Thomas Stuart	MS	48/105	[Unatt]	00:39:35	00:39:42	194	Mark Garner	M50	15/46	RadcliffeA	00:42:08	00:42:14
135	Andy Leather	M40	21/50	[Unatt]	00:39:39	00:39:46	195	Jono Guildford	M45	21/47	MancrFront	00:42:02	00:42:15
136	Paul Guinan	M55	3/44	BlackburnH	00:39:36	00:39:51	196	Ian Pudge	M50	16/46	Burnden RR	00:42:02	00:42:19
137	Joey O'Brien	MS	49/105	[Unatt]	00:39:48	00:39:52	197	Gary Cassidy	M50	17/46	LivplRunnB	00:42:13	00:42:22
138	Gill Draper	F35	4/22	LythamSARR	00:39:53	00:39:53	198	Rob Parker	M35	31/51	[Unatt]	00:42:01	00:42:23
139	Leon Wint	M35	26/51	MiddletonH	00:39:49	00:39:55	199	Brad Moneyppenny	MS	66/105	WetherbyRn	00:42:15	00:42:26
140	Daniel Young	MS	50/105	[Unatt]	00:39:50	00:39:55	200	Daniel Bird	MS	67/105	Swinton RC	00:42:15	00:42:26
141	Jonathan La Porta	MS	51/105	[Unatt]	00:39:55	00:39:55	201	Monica Eastwood	FS	10/55	[Unatt]	00:42:24	00:42:29
142	Mike Donigan	M40	22/50	Swinton RC	00:39:46	00:39:56	202	Beth Massey	F50	1/39	BarnsleyAC	00:42:25	00:42:33
143	Eamonn Keogh	M45	11/47	ChorltonRn	00:39:53	00:39:58	203	Barry Hirst	M60	4/26	EastCheshr	00:42:23	00:42:34
144	Leo Cain	M45	12/47	MiddletonH	00:39:59	00:39:59	204	Dave Ainsworth	M60	5/26	Altrincham	00:42:28	00:42:37
145	Chris Marsden	MS	52/105	[Unatt]	00:39:59	00:39:59	205	Ben Cook	MS	68/105	ClaytonleM	00:42:35	00:42:38
146	Rubin Shiels	M45	13/47	RadcliffeA	00:39:50	00:40:00	206	Sarah Watton	F35	7/22	Burnden RR	00:42:26	00:42:41
147	Lucas Gregory	MJ	5/7	LeighHarAC	00:39:49	00:40:00	207	John Atkinson	M40	28/50	[Unatt]	00:42:28	00:42:42
148	Oliver Kirkby	MS	53/105	[Unatt]	00:39:58	00:40:04	208	Mike Curley	M70	1/9	ChorltonRn	00:42:36	00:42:43
149	Layla Foley	FS	6/55	BlackpoolW	00:40:04	00:40:05	209	Dave Walmsley	M60	6/26	Manc'rHarr	00:42:41	00:42:44
150	Oliver Scott	MS	54/105	[Unatt]	00:40:02	00:40:06	210	Katalin Szabo	F45	4/32	ChorltonRn	00:42:37	00:42:49
151	Georgia Fazakerley	FS	7/55	Manc'rHarr	00:40:03	00:40:08	211	Ian Taylor	M60	7/26	SalfordMet	00:42:46	00:42:51
152	Ed Fazakerley	M55	4/44	Manc'rHarr	00:40:03	00:40:08	212	Joseph Dillon	M55	7/44	LeighHarAC	00:42:33	00:42:52
153	Thomas Heap	MS	55/105	[Unatt]	00:40:09	00:40:09	213	Alex Field	MS	69/105	RadcliffeA	00:42:27	00:42:53
154	Lucy Cooke	F45	2/32	Sale Harrs	00:40:09	00:40:09	214	Amanda Armstrong	F40	2/29	PrestwichA	00:42:36	00:42:54
155	James Tarran	M55	5/44	ValleyStrd	00:40:13	00:40:22	215	L. Haywood-Percival	FS	11/55	[Unatt]	00:42:46	00:42:55
156	Daniel Laycock	MS	56/105	HydeParkHa	00:40:06	00:40:25	216	Richard Brook	M45	22/47	Queensbury	00:42:52	00:43:03
157	Phil Facey	M45	14/47	Mancr YMCA	00:40:24	00:40:27	217	Aeronwy Preece-Towey	F40	3/29	Bramhall R	00:42:54	00:43:03
158	Cameron Gavagan	MS	57/105	[Unatt]	00:40:23	00:40:28	218	Leanne Sheehy	FS	12/55	[Unatt]	00:43:06	00:43:06
159	Kelvin Dickinson	M50	13/46	Wirral AC	00:40:29	00:40:34	219	Chris Davies	MS	70/105	PrestwichA	00:42:57	00:43:08
160	Jennifer Badger	FS	8/55	PrestwichA	00:40:23	00:40:35	220	Paul Riley	M50	18/46	PennyLnStr	00:42:51	00:43:09
161	Scott Lancaster	MS	58/105	LeighHarAC	00:40:34	00:40:36	221	Sam Ballantyne	MS	71/105	PrestwichA	00:43:11	00:43:11
162	Callum Miles	MS	59/105	[Unatt]	00:40:24	00:40:41	222	Benjamin Woodhead	MS	72/105	[Unatt]	00:42:58	00:43:12
163	James Oldham	M35	27/51	[Unatt]	00:40:47	00:40:47	223	Eddie Smith	MS	73/105	[Unatt]	00:43:05	00:43:16
164	Daniel Carroll	MS	60/105	[Unatt]	00:40:38	00:40:48	224	Paul Collins	M35	32/51	WiganHarrs	00:43:05	00:43:21
165	Alex Leach	MS	61/105	Bury AC	00:40:35	00:40:49	225	Tony Everitt	M35	33/51	ChorltonRn	00:42:56	00:43:21
166	Tony Campbell	M40	23/50	MiddletonH	00:40:45	00:40:51	226	Steffen Kludt	MS	74/105	[Unatt]	00:43:12	00:43:25
167	Amanda Spencer	F55	1/33	ValleyStrd	00:40:41	00:40:51	227	Mark Taylor	M45	23/47	RadcliffeA	00:43:23	00:43:26
168	Gareth Doherty	M45	15/47	Burnden RR	00:40:39	00:40:53	228	Anthony Jones	MS	75/105	[Unatt]	00:43:29	00:43:29
169	Josh Fitzsimmons	MS	62/105	[Unatt]	00:40:40	00:40:55	229	John Fay	M40	29/50	Royton RR	00:43:40	00:43:40
170	Mitesh Patel	M40	24/50	PrestwichA	00:40:50	00:40:58	230	Lee White	M50	19/46	Burnden RR	00:43:09	00:43:42
171	Andy Dunleavy	M65	1/13	Burnden RR	00:40:53	00:40:59	231	Judith Mottram	FS	13/55	[Unatt]	00:43:24	00:43:44
172	Christopher Burgess	M40	25/50	[Unatt]	00:41:01	00:41:07	232	Daniel Bamber	M45	24/47	EastCheshr	00:43:46	00:43:46
173	Stephen Thorpe	M35	28/51	Burnden RR	00:41:02	00:41:12	233	Graham Harrison	M60	8/26	Altrincham	00:43:37	00:43:46
174	Keith Clark	M40	26/50	[Unatt]	00:40:39	00:41:17	234	Dylan Mackie	MS	76/105	HydeVillSt	00:43:47	00:43:47
175	Michael Kermode	MS	63/105	Burnden RR	00:41:01	00:41:18	235	Simon Phillips	M60	9/26	StockprtTr	00:43:45	00:43:49
176	Joseph Buckley	MS	64/105	[Unatt]	00:41:08	00:41:19	236	Stephen Horsman	M60	10/26	Burnden RR	00:43:27	00:43:50
177	Juliet Smith	F45	3/32	RochdaleHa	00:41:10	00:41:23	237	Rachel Sproston	F50	2/39	Glossopdal	00:43:51	00:43:51
178	Heather Hughes	FS	9/55	Sale Harrs	00:41:28	00:41:28	238	Daniel Pritchard	MS	77/105	[Unatt]	00:43:55	00:43:55
179	Rose Johnson	F35	5/22	[Unatt]	00:41:18	00:41:31	239	Nigel Smith	M45	25/47	PrestwichA	00:43:21	00:43:59
180	Philip Montgomery	M45	16/47	[Unatt]	00:41:18	00:41:32	240	Mike Race	M60	11/26	SalfordMet	00:43:45	00:44:01

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Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime		
241	Jessie Swift	FS	14/55	[Unatt]	00:43:57	00:44:03	301	David Dyer	M50	23/46	Manc'rHarr	00:46:58	00:47:14		
242	Rebecca Mills	F40	4/29	Swinton RC	00:43:53	00:44:05	302	Laura McQuaid	FS	22/55	[Unatt]	00:47:17	00:47:20		
243	Jenny Pilling	FS	15/55	[Unatt]	00:44:01	00:44:13	303	Martin Archer	M50	24/46	Burnden RR	00:46:59	00:47:21		
244	Brian Thomas	M55	8/44	TmTriGuru	00:43:42	00:44:14	304	Michael Percival	M55	15/44	PrestwichA	00:46:44	00:47:24		
245	Miles Powell	M35	34/51	[Unatt]	00:44:00	00:44:21	305	Thomas Marais	M35	37/51	[Unatt]	00:46:56	00:47:27		
246	Mark Williams	M55	9/44	RadcliffeA	00:44:16	00:44:30	306	Alan Beaumont	M35	38/51	Mancr YMCA	00:47:02	00:47:30		
247	Callum Wood	MS	78/105	OldhamRoyt	00:44:30	00:44:30	307	Ross Harrison	MS	86/105	[Unatt]	00:47:31	00:47:31		
248	Christie Byrne	FS	16/55	Kendal AAC	00:44:28	00:44:30	308	Jacqui Phazey-Baines	F40	10/29	MancrFront	00:47:07	00:47:35		
249	Peter Pickwell	M70	2/9	Altrincham	00:44:23	00:44:34	309	Matthew Johnson	M45	31/47	[Unatt]	00:47:24	00:47:38		
250	John Cannon	M55	10/44	CannonEvts	00:44:34	00:44:42	310	Jane Fletcher	F45	7/32	Mancr YMCA	00:47:24	00:47:41		
251	Emma Horner	FS	17/55	RadcliffeA	00:44:40	00:44:44	311	Kairan Mallett	MJ	7/7	[Unatt]	00:47:27	00:47:44		
252	Darren Tyldesley	M55	11/44	SalfordMet	00:44:35	00:44:45	312	Paul Black	M50	25/46	Swinton RC	00:47:30	00:47:45		
253	Kerrie Wood Doyle	F55	2/33	StockportH	00:44:47	00:44:51	313	James Horth	MS	87/105	[Unatt]	00:47:20	00:47:47		
254	Steve Aughton	M50	20/46	Bramhall R	00:44:55	00:45:04	314	Alex Hitchen	MS	88/105	[Unatt]	00:47:35	00:47:52		
255	Elaine Opara	F40	5/29	WallaseyAC	00:44:52	00:45:07	315	Kate Stuart	FS	23/55	Altrincham	00:47:43	00:47:52		
256	Jonathan Sangster	M35	35/51	Burnden RR	00:45:12	00:45:12	316	Jayne Holgate	FS	24/55	[Unatt]	00:47:50	00:47:54		
257	Lauren Marsden	F50	3/39	Swinton RC	00:45:01	00:45:13	317	Michael Mallett	M40	35/50	[Unatt]	00:47:35	00:47:54		
258	Rebecca Bebbington	FS	18/55	[Unatt]	00:45:15	00:45:15	318	Steph Towers	F45	8/32	WinstonRun	00:47:31	00:47:55		
259	Harriet Dempsey	FS	19/55	[Unatt]	00:45:01	00:45:15	319	Katie Brook	FJ	2/3	Queensbury	00:47:41	00:47:58		
260	Rob Dearden	M35	36/51	[Unatt]	00:45:16	00:45:16	320	Darren Mannings	M55	16/44	OldhamRoyt	00:47:53	00:48:01		
261	Lee Jones	M50	21/46	Bramhall R	00:45:08	00:45:17	321	Jo Bishop	F35	9/22	MiddletonH	00:47:57	00:48:06		
262	Andrew Crawford	M40	30/50	Burnden RR	00:45:03	00:45:20	322	Hannah Brierley	F35	10/22	Mancr YMCA	00:47:49	00:48:07		
263	Ben Pose	MS	79/105	[Unatt]	00:45:00	00:45:21	323	Alexander Lakinson	MS	89/105	[Unatt]	00:47:56	00:48:08		
264	Ethan Hicks	MS	80/105	[Unatt]	00:45:01	00:45:24	324	Martin Cullen	M55	17/44	Burnden RR	00:47:51	00:48:09		
265	Angus Bock	MS	81/105	[Unatt]	00:45:01	00:45:24	325	Jessica Cheetham	FS	25/55	[Unatt]	00:47:55	00:48:11		
266	Mike Caine	M55	12/44	Burnden RR	00:45:12	00:45:31	326	Thomas Hagley	MS	90/105	[Unatt]	00:47:55	00:48:11		
267	Jerry Smith	M65	2/13	ChorltonRn	00:45:26	00:45:33	327	Glyn Williams	M55	18/44	PrestwichA	00:47:25	00:48:11		
268	James Davies	MS	82/105	[Unatt]	00:45:11	00:45:33	328	Paul Hudson	M55	19/44	[Unatt]	00:47:46	00:48:12		
269	Matt Embury	M50	22/46	[Unatt]	00:45:23	00:45:35	329	Mia Derbyshire	FS	26/55	RadcliffeA	00:47:50	00:48:13		
270	Stephanie Mallett	F40	6/29	[Unatt]	00:45:19	00:45:36	330	Sam Hutchinson	M45	32/47	BelleVueRc	00:48:02	00:48:14		
271	Lyndsay Darbyshire	F55	3/33	Burnden RR	00:45:28	00:45:41	331	Francesca Caine	FS	27/55	Burnden RR	00:47:53	00:48:15		
272	Lisa Ellis	F40	7/29	ClaytonleM	00:45:49	00:45:49	332	Caroline Hall	F50	5/39	Wirral AC	00:48:17	00:48:17		
273	Mark Bousie	M45	26/47	StockportH	00:45:41	00:45:49	333	Charlotte Bliss	FS	28/55	Glossopdal	00:48:00	00:48:19		
274	Bev Jackson	F60	1/12	Altrincham	00:45:46	00:45:50	334	Shirley Staveley	F60	2/12	Burnden RR	00:48:10	00:48:23		
275	Mark Bades	M55	13/44	LonelyGoat	00:45:41	00:45:52	335	Helen Mutch	F35	11/22	MiddletonH	00:48:23	00:48:30		
276	Darren Sharples	M40	31/50	MiddletonH	00:45:46	00:45:55	336	Dave Rushton	M55	20/44	RadcliffeA	00:48:35	00:48:38		
277	Marcus Hamer	M65	3/13	Burnden RR	00:45:40	00:46:03	337	Phil Wilcoxon	M65	5/13	BelleVueRc	00:48:25	00:48:40		
278	Tony Pickford	M55	14/44	[Unatt]	00:46:06	00:46:06	338	Chris Chapman	M45	33/47	SaltaireSt	00:48:20	00:48:41		
279	Jonathan France	M60	12/26	TmTriGuru	00:45:51	00:46:09	339	Luke Temple	M35	39/51	[Unatt]	00:48:37	00:48:43		
280	Hayley Winder	F45	5/32	HorwichRMI	00:46:01	00:46:09	340	Terence Sutcliffe	M35	40/51	[Unatt]	00:48:44	00:48:44		
281	Helen Berry	F35	8/22	PrestwichA	00:45:50	00:46:10	341	Eddie Edwards	M55	21/44	PrestwichA	00:48:49	00:48:49		
282	Berni Cain	F40	8/29	MiddletonH	00:46:04	00:46:11	342	Thomas Clarke	M50	26/46	EastCheshr	00:48:22	00:48:52		
283	Jason Rylance	M45	27/47	[Unatt]	00:45:52	00:46:12	343	Mike Benjamin	M60	14/26	LeighHarAC	00:48:27	00:48:54		
284	Philip Chandler	MS	83/105	[Unatt]	00:45:58	00:46:13	344	Steven Butterworth	M40	36/50	[Unatt]	00:48:24	00:48:55		
285	Karen Fleming	F50	4/39	EastCheshr	00:46:09	00:46:13	345	Paul Benson	M50	27/46	RadcliffeA	00:48:55	00:48:58		
286	Beverley McAuley	F40	9/29	Bury AC	00:46:07	00:46:20	346	George Williams	M70	3/9	[Unatt]	00:48:46	00:48:58		
287	Nicola Ryan	FS	20/55	Bury AC	00:46:08	00:46:21	347	Georgia SmithCalvert	FS	29/55	DewsburyRR	00:48:36	00:49:00		
288	G FranklandWilkinson	M40	32/50	Dragons RC	00:45:45	00:46:21	348	Ian Stainthorpe	M60	15/26	[Unatt]	00:48:35	00:49:02		
289	Mike Kay	MS	84/105	RadcliffeA	00:46:22	00:46:22	349	John Bertenshaw	M65	6/13	LythamSARR	00:48:51	00:49:03		
290	Joe Kearney	MS	85/105	[Unatt]	00:46:04	00:46:30	350	Simon Doherty	M50	28/46	Swinton RC	00:48:47	00:49:03		
291	Adrian Ashburn	M45	28/47	Burnden RR	00:46:25	00:46:34	351	Dave Cheetham	M50	29/46	[Unatt]	00:48:53	00:49:08		
292	Dominic Parry	M45	29/47	RadcliffeA	00:46:29	00:46:37	352	Stephen Green	M65	7/13	ClaytonleM	00:48:55	00:49:08		
293	Robert Quinn	M40	33/50	Rossendale	00:46:34	00:46:47	353	Jennifer Legg	FS	30/55	WetherbyRn	00:48:56	00:49:10		
294	David Smith	M60	13/26	Burnden RR	00:46:32	00:46:50	354	Julia Rushton	F60	3/12	ClaytonleM	00:48:48	00:49:14		
295	Jen Helm	F45	6/32	PrestwichA	00:46:25	00:46:51	355	Kevin Hindle	M45	34/47	[Unatt]	00:48:57	00:49:14		
296	Rob Parkinson	MJ	6/7	RadcliffeA	00:46:52	00:46:52	356	Mia McKenzie	FJ	3/3	[Unatt]	00:48:55	00:49:18		
297	Brian Copper	M45	30/47	LeighHarAC	00:46:43	00:47:03	357	Karl McKenzie	M45	35/47	[Unatt]	00:48:56	00:49:18		
298	John Morris	M40	34/50	[Unatt]	00:46:44	00:47:05	358	Colm O'Brien	M60	16/26	Burnden RR	00:48:59	00:49:19		
299	David Christy-Lowe	M65	4/13	Glossopdal	00:46:52	00:47:07	359	Vikki Murphy	F50	6/39	Bramhall R	00:48:40	00:49:20		
300	Mary Barry	FS	21/55	Mancr YMCA	00:46:51	00:47:10	360	Matt Williams	M45	36/47	[Unatt]	00:49:07	00:49:25		

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Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
361	Anne Ferguson	F65	1/9	Burnden RR	00:49:05	00:49:30	421	Tim Towler	M60	19/26	ValleyStrd	00:52:15	00:52:41
362	Paul Rutherford	M55	22/44	Swinton RC	00:49:19	00:49:31	422	Mark Cawley	M55	27/44	[Unatt]	00:52:29	00:52:43
363	Alberto Silvestroni	M35	41/51	[Unatt]	00:48:44	00:49:31	423	Mark Butler	M60	20/26	Burnden RR	00:52:21	00:52:47
364	Paul Bate	M40	37/50	[Unatt]	00:49:33	00:49:33	424	Catherine Jones	F55	7/33	Manc'rHarr	00:52:29	00:52:54
365	Carole Harrison	F55	4/33	Altrincham	00:49:19	00:49:34	425	Faye Aydin	F45	12/32	MiddletonH	00:52:57	00:53:00
366	Donald Johnson	M70	4/9	CityofHull	00:49:18	00:49:34	426	Lindsey Farrelly	F45	13/32	Manc'rHarr	00:52:38	00:53:01
367	Duncan Worth	M60	17/26	SalfordMet	00:49:35	00:49:35	427	Mark Higginbotham	M35	44/51	[Unatt]	00:52:29	00:53:06
368	Nicola Pennington	F50	7/39	BelleVueRc	00:49:27	00:49:38	428	Annie Hirsch	F65	3/9	BelleVueRc	00:53:02	00:53:16
369	Sally Harding	F55	5/33	[Unatt]	00:49:34	00:49:39	429	Melanie Jones	F50	15/39	PrestwichA	00:52:43	00:53:22
370	Deborah Sheen	F55	6/33	MiddletonH	00:49:13	00:49:42	430	Andy Warburton	M60	21/26	Burnden RR	00:53:09	00:53:36
371	Charlene Leyden	F40	11/29	RadcliffeA	00:49:40	00:49:44	431	Nicole Topham	F45	14/32	[Unatt]	00:53:10	00:53:45
372	Sheila Jones	F65	2/9	RadcliffeA	00:49:43	00:49:51	432	Gayle Gerrard	F50	16/39	Burnden RR	00:53:14	00:53:46
373	Annmarie Riley	F50	8/39	PennyLnStr	00:49:39	00:49:58	433	Ellen Madden	FS	32/55	[Unatt]	00:53:10	00:53:47
374	Vicki Hamer	F35	12/22	Burnden RR	00:49:44	00:50:02	434	Joanne Slinger	F45	15/32	Dragons RC	00:53:31	00:53:54
375	Steve Wilde	M40	38/50	[Unatt]	00:49:29	00:50:03	435	Sophie Guinan	FS	33/55	[Unatt]	00:53:26	00:53:56
376	Mikey Byron-Keeler	MS	91/105	[Unatt]	00:49:49	00:50:05	436	Richard Blake	M55	28/44	Burnden RR	00:53:29	00:54:02
377	Matt Hanson	M45	37/47	Manc'rHarr	00:49:39	00:50:08	437	Rick Winnard	M45	41/47	Burnden RR	00:53:35	00:54:08
378	Ethan Malone	MS	92/105	RadcliffeA	00:49:47	00:50:12	438	Richard Parry	M45	42/47	Altrincham	00:53:44	00:54:14
379	Hazel Berrett	F60	4/12	HalifaxHar	00:50:07	00:50:15	439	Joanne Houghton	F55	8/33	PrestwichA	00:53:43	00:54:21
380	Paul Christie	M65	8/13	Burnden RR	00:49:54	00:50:16	440	Catherine Vaneris	F45	16/32	PrestwichA	00:54:05	00:54:25
381	Pamela Hitchin	F45	9/32	[Unatt]	00:50:05	00:50:17	441	Luke Armstrong	M40	43/50	[Unatt]	00:54:02	00:54:26
382	Mark Cook	M50	30/46	[Unatt]	00:50:10	00:50:19	442	Kath Horwill	F45	17/32	BelleVueRc	00:54:21	00:54:36
383	Karen Hallett	F50	9/39	MiddletonH	00:49:53	00:50:22	443	Caroline Johnston	F50	17/39	[Unatt]	00:54:01	00:54:39
384	Duncan Shuttleworth	M65	9/13	PrestwichA	00:49:49	00:50:31	444	Mary Jeal	F60	6/12	Glossopdal	00:54:12	00:54:43
385	Stephen Chale	M50	31/46	Stockpoth	00:50:17	00:50:36	445	Joanna Thompson	F50	18/39	BelleVueRc	00:54:25	00:54:44
386	Karen Charters	F50	10/39	BelleVueRc	00:50:26	00:50:41	446	Paula Cutts-Medley	F40	13/29	MancrFront	00:54:11	00:54:50
387	Nick Webster	M40	39/50	LeekRunFit	00:50:35	00:50:42	447	Lily Driffill	FS	34/55	[Unatt]	00:54:22	00:54:54
388	Jason Lawton	M50	32/46	[Unatt]	00:50:13	00:50:54	448	Catherine Poole	F50	19/39	Manc'rHarr	00:54:30	00:54:55
389	Conor Vallelly	M40	40/50	BelleVueRc	00:50:43	00:51:00	449	Zena Shaw	FS	35/55	[Unatt]	00:54:35	00:54:56
390	Chris Lane	M45	38/47	[Unatt]	00:50:43	00:51:04	450	Charlie Turnbull	MS	96/105	[Unatt]	00:54:35	00:54:56
391	Stuart Dickman	M40	41/50	[Unatt]	00:50:42	00:51:06	451	Jackie Oakes	F50	20/39	Burnden RR	00:54:25	00:54:57
392	Joanne Lee	F45	10/32	MiddletonH	00:50:57	00:51:11	452	Edward Hitchin	M75	1/7	[Unatt]	00:54:44	00:54:58
393	Jay Graham	M35	42/51	LABC Runn	00:50:45	00:51:13	453	John Hall	M75	2/7	MiddletonH	00:54:22	00:55:05
394	Michael Reeves	M55	23/44	[Unatt]	00:50:39	00:51:14	454	Tilly Hardwick	FS	36/55	[Unatt]	00:54:37	00:55:05
395	Hilary Herman	F60	5/12	PrestwichA	00:50:49	00:51:15	455	Fiona Bolton	F65	4/9	MiddletonH	00:54:36	00:55:07
396	Lee Ashton	M40	42/50	[Unatt]	00:51:08	00:51:20	456	Dave Fowler	M35	45/51	ChorltonRn	00:54:52	00:55:10
397	Brennan Tighe	M50	33/46	RadcliffeA	00:51:17	00:51:22	457	Steve Fowler	M60	22/26	[Unatt]	00:54:53	00:55:11
398	Steve Fairclough	M55	24/44	Bramhall R	00:51:23	00:51:23	458	Andrew Morris	M40	44/50	[Unatt]	00:54:49	00:55:13
399	Alex Donald	MS	93/105	[Unatt]	00:50:48	00:51:26	459	Mike Grimshaw	M50	37/46	MiddletonH	00:54:31	00:55:14
400	Paul Walsh	M50	34/46	[Unatt]	00:51:21	00:51:29	460	Stephen Brook	M75	3/7	Queensbury	00:55:00	00:55:19
401	Karen Rothwell	F45	11/32	Ramsbottom	00:51:14	00:51:29	461	Christian Hook	M45	43/47	Altrincham	00:55:00	00:55:24
402	Dan Birkitt	M50	35/46	[Unatt]	00:50:48	00:51:30	462	Jane Stiles	F55	9/33	Manc'rHarr	00:55:02	00:55:26
403	Rach Garner	F50	11/39	PrestwichA	00:50:54	00:51:32	463	Mel Johnson	F45	18/32	MancrFront	00:55:12	00:55:31
404	Vaughan Olivier	M60	18/26	[Unatt]	00:51:14	00:51:33	464	Alison Howarth	F50	21/39	RadcliffeA	00:55:29	00:55:37
405	Linda Doherty	F50	12/39	Burnden RR	00:51:18	00:51:40	465	Debbie Carr	F50	22/39	OldhamRoyt	00:55:36	00:55:41
406	Jen Bulman	F35	13/22	Bramhall R	00:51:08	00:51:44	466	Peter Mayall	M55	29/44	OldhamRoyt	00:55:35	00:55:42
407	Ivan Wadeson	M55	25/44	[Unatt]	00:51:14	00:51:54	467	Julia Hall	F55	10/33	Burnden RR	00:55:11	00:55:43
408	Hannah Blackwell	FS	31/55	Manc'rHarr	00:51:45	00:52:06	468	David Deane	M55	30/44	[Unatt]	00:55:24	00:55:45
409	Eilish Distefano	F50	13/39	PrestwichA	00:51:49	00:52:15	469	Mike Utting	M50	38/46	Bramhall R	00:55:06	00:55:46
410	Patrick Rooney	M35	43/51	[Unatt]	00:51:43	00:52:18	470	Sally Cheetham	F55	11/33	BelleVueRc	00:55:32	00:55:47
411	Thomas O'Kane	MS	94/105	[Unatt]	00:51:45	00:52:21	471	Rhian Broomhead	F40	14/29	Dragons RC	00:55:27	00:55:49
412	Chemane Golding	F35	14/22	RadcliffeA	00:52:01	00:52:26	472	Ray Dalby	M65	10/13	RochdaleHa	00:55:21	00:55:52
413	Catherine Machin	F40	12/29	WilmslowRC	00:52:30	00:52:30	473	Abby Edwards	FS	37/55	[Unatt]	00:55:31	00:55:52
414	John Bertenshaw	M55	26/44	[Unatt]	00:52:12	00:52:30	474	Emma Walker	F50	23/39	Burnden RR	00:55:30	00:55:54
415	Peter Woodward	M45	39/47	[Unatt]	00:51:56	00:52:31	475	Anthony Green	MS	97/105	[Unatt]	00:55:39	00:55:54
416	Chris Benn	MS	95/105	MancrFront	00:52:16	00:52:32	476	Nick Roberts	M55	31/44	StockprtTr	00:55:56	00:55:56
417	James Fox	M45	40/47	MancrFront	00:52:18	00:52:35	477	Francis Day	M70	5/9	[Unatt]	00:55:39	00:56:01
418	Sally Wood	F35	15/22	Mancr YMCA	00:52:17	00:52:38	478	Kian Lawton	MS	98/105	[Unatt]	00:55:18	00:56:02
419	Diane Furlong	F50	14/39	HorwichRMI	00:52:11	00:52:39	479	Tracey Croft	F50	24/39	GinPitFlyr	00:55:46	00:56:07
420	Liam Whelan	M50	36/46	[Unatt]	00:52:22	00:52:39	480	Bernie Jones	F50	25/39	Burnden RR	00:55:40	00:56:08

Salford 10k Road Race, Manchester

Salford 10k Road Race, Manchester		29th March 2024		RESULTS		Results: UKtimers.net & UKresults.net							
Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
481	John Oconnor	M55	32/44	Ramsbottom	00:55:39	00:56:10	541	Sandra Caine	F50	31/39	Burnden RR	00:59:23	00:59:56
482	Michael Watson	M55	33/44	[Unatt]	00:55:41	00:56:15	542	Stephanie Caldwell	F70	2/4	PrestwichA	00:59:30	00:59:59
483	Kelly Savage	F45	19/32	PrestwichA	00:55:34	00:56:16	543	Neil Reynolds	M55	37/44	[Unatt]	00:59:37	01:00:01
484	Elizabeth Pickford	F50	26/39	GinPitFlyr	00:55:57	00:56:18	544	Jo Richardson	F65	5/9	Runn'gBear	00:59:26	01:00:07
485	Kate Fowles	F55	12/33	SalfordMet	00:55:57	00:56:19	545	Sheila Wetton	F55	21/33	PrestwichA	00:59:37	01:00:13
486	Katherine Biddle	F50	27/39	RadcliffeA	00:56:13	00:56:27	546	Philip Glassbrook	M75	5/7	Burnden RR	00:59:43	01:00:16
487	Sophie King	F40	15/29	[Unatt]	00:56:05	00:56:28	547	Tim Farnworth	M50	43/46	Ramsbottom	00:59:33	01:00:17
488	Grace Buckley	FS	38/55	[Unatt]	00:55:52	00:56:28	548	Wellington Chingwaro	M50	44/46	[Unatt]	01:00:04	01:00:19
489	Kat Healey	F45	20/32	Team Deane	00:55:54	00:56:28	549	Rachael Horrocks	F45	22/32	HydeVillSt	00:59:47	01:00:23
490	Ben Crosby	MS	99/105	[Unatt]	00:56:01	00:56:31	550	Norma Smith	F75	1/1	BlackbrnRR	01:00:13	01:00:24
491	Janine Jordan	F40	16/29	MiddletonH	00:56:04	00:56:31	551	Elliot Brady	MS	101/105	[Unatt]	01:00:07	01:00:30
492	Todd Cameron	M60	23/26	Team Deane	00:56:01	00:56:37	552	Wendy Woodhead	F40	22/29	Manc'rHarr	01:00:07	01:00:31
493	Keith Edge	M65	11/13	[Unatt]	00:56:39	00:56:39	553	Sasha Eccles	F35	18/22	[Unatt]	00:59:47	01:00:32
494	Colin Davies	M70	6/9	Altrincham	00:56:16	00:56:39	554	Julie Williamson	F50	32/39	HorwichRMI	01:00:05	01:00:35
495	Geoff Beattie	M70	7/9	Sale Harrs	00:56:35	00:56:45	555	Nikki Burgess	F50	33/39	Manc'rHarr	01:00:18	01:00:42
496	Paul Travis	M45	44/47	[Unatt]	00:56:37	00:56:46	556	Chris Johnson	M75	6/7	Glossopdal	01:00:22	01:00:47
497	Gary Goodall	M50	39/46	[Unatt]	00:56:33	00:56:51	557	Kathleen Dixon	F65	6/9	[Unatt]	01:00:22	01:00:53
498	Orli Edwards	FS	39/55	[Unatt]	00:56:52	00:56:53	558	Ann McLaughlin	F60	7/12	Manc'rHarr	01:00:23	01:00:54
499	Ellie Edwards	FS	40/55	[Unatt]	00:56:52	00:56:54	559	Teresa Hollins	F70	3/4	MiddletonH	01:00:24	01:00:55
500	Clark Stevenson	M35	46/51	[Unatt]	00:56:25	00:56:54	560	Lucie Tighe	F35	19/22	RadcliffeA	01:01:02	01:01:02
501	Caren Westhead	F40	17/29	Team Deane	00:56:19	00:56:54	561	Chelsea Entwistle	FS	47/55	Burnden RR	01:00:37	01:01:09
502	Antonia Latham	FS	41/55	[Unatt]	00:56:34	00:57:20	562	Paul Grimshaw	M55	38/44	[Unatt]	01:00:30	01:01:14
503	Alan Jenkinson	M75	4/7	Styal RC	00:57:21	00:57:33	563	Diane Taktak	F55	22/33	[Unatt]	01:00:38	01:01:19
504	Kathryn Berry	F55	13/33	Burnden RR	00:57:16	00:57:34	564	Sarah Brown	F45	23/32	Burnden RR	01:00:48	01:01:20
505	Dawn Anderson	F55	14/33	MiddletonH	00:57:12	00:57:44	565	Nathan Connor	MS	102/105	[Unatt]	01:00:54	01:01:21
506	Charlotte Holden	FS	42/55	RadcliffeA	00:57:25	00:57:51	566	Yolanda Farrell	F35	20/22	[Unatt]	01:01:01	01:01:24
507	Emily Murphy	FS	43/55	[Unatt]	00:57:23	00:57:51	567	Emily Eastwood	F40	23/29	[Unatt]	01:01:02	01:01:25
508	Claire Deane	F55	15/33	[Unatt]	00:57:30	00:57:55	568	Ian Feingold	M55	39/44	PrestwichA	01:01:00	01:01:40
509	Pat Odowd	M45	45/47	[Unatt]	00:57:08	00:57:57	569	Leanne Sudders	F45	24/32	[Unatt]	01:00:54	01:01:41
510	Andy Nugent	M45	46/47	PrestwichA	00:57:10	00:57:58	570	John Burns	M45	47/47	[Unatt]	01:01:23	01:01:43
511	Fran Concannon	FS	44/55	[Unatt]	00:57:32	00:57:59	571	David Goodall	M70	9/9	[Unatt]	01:01:13	01:01:49
512	Graham Harrison	M55	34/44	Swinton RC	00:57:39	00:58:00	572	Nia Bell	F60	8/12	Burnden RR	01:01:20	01:01:54
513	Jason George	M50	40/46	StockportH	00:57:17	00:58:01	573	Elaine Whitehead	F45	25/32	OldhamRoyt	01:01:24	01:02:00
514	Alan Garvey	M70	8/9	MiddletonH	00:57:32	00:58:14	574	Jamie Filer	M35	49/51	[Unatt]	01:01:47	01:02:01
515	Bella Atkinson	F35	16/22	[Unatt]	00:58:06	00:58:15	575	Paris Walkden	FS	48/55	[Unatt]	01:01:33	01:02:08
516	Amelia BarrattMoores	FS	45/55	[Unatt]	00:58:15	00:58:18	576	Wayne Latham	M40	45/50	[Unatt]	01:01:32	01:02:17
517	Michelle Carter	F40	18/29	Burnden RR	00:58:02	00:58:22	577	Peter Webb	M65	12/13	[Unatt]	01:02:22	01:02:39
518	Carly Rourke	F40	19/29	RugbyNorth	00:57:43	00:58:26	578	Denise Wakefield	F70	4/4	[Unatt]	01:02:29	01:02:41
519	Phil Quigley	M55	35/44	PrestwichA	00:57:46	00:58:27	579	Natasha Clarke	F35	21/22	Burnden RR	01:02:12	01:02:42
520	Marcellus VanD.Merwe	M35	47/51	[Unatt]	00:57:45	00:58:28	580	Jane Robinson	F55	23/33	[Unatt]	01:02:09	01:02:54
521	Helen Ryan	F40	20/29	[Unatt]	00:58:06	00:58:30	581	Natasha Tracey	FS	49/55	[Unatt]	01:02:21	01:02:59
522	Carolyn Edwards	F50	28/39	Burnden RR	00:57:55	00:58:31	582	Grace Nichols	FS	50/55	[Unatt]	01:02:21	01:02:59
523	Vicky Kettlety	FS	46/55	[Unatt]	00:57:53	00:58:34	583	Adrian Campbell	M40	46/50	[Unatt]	01:02:22	01:03:00
524	Paolo Dale	M55	36/44	Swinton RC	00:58:06	00:58:39	584	Ian Roberts	M55	40/44	[Unatt]	01:03:01	01:03:01
525	Victoria Burgess	F40	21/29	[Unatt]	00:57:56	00:58:40	585	Nicola De Serio	M50	45/46	[Unatt]	01:03:03	01:03:03
526	Siddharth Km	MS	100/105	[Unatt]	00:58:24	00:58:51	586	Helen Kay	F50	34/39	RadcliffeA	01:02:35	01:03:14
527	Darren Ord	M35	48/51	[Unatt]	00:58:57	00:58:57	587	Jeff Lewis	M55	41/44	[Unatt]	01:02:49	01:03:15
528	Sarah Wilson	F35	17/22	RadcliffeA	00:58:45	00:59:00	588	Jack Mac	MS	103/105	[Unatt]	01:03:08	01:03:15
529	Sarah Beattie	F50	29/39	Bramhall R	00:58:22	00:59:02	589	Jayne Hamilton	F55	24/33	[Unatt]	01:02:41	01:03:22
530	Catherine Murphy	F55	16/33	MiddletonH	00:58:33	00:59:03	590	Lucy Tetler	F45	26/32	RadcliffeA	01:02:50	01:03:30
531	Sarah Pressdee	F45	21/32	HydeVillSt	00:58:29	00:59:03	591	Vicki Symes	F40	24/29	[Unatt]	01:03:43	01:04:10
532	Emma Wolstencroft	F50	30/39	RadcliffeA	00:58:25	00:59:05	592	Rachel Mayall	F45	27/32	OldhamRoyt	01:04:05	01:04:11
533	Kathryn Reeves	F55	17/33	[Unatt]	00:58:39	00:59:14	593	Lucy Wood	FS	51/55	OldhamRoyt	01:04:05	01:04:12
534	Amelia Percival	F55	18/33	PrestwichA	00:58:36	00:59:16	594	Deborah Beresford	F55	25/33	Manc'rHarr	01:03:47	01:04:16
535	Sue Exon	F70	1/4	TraffordAC	00:59:06	00:59:16	595	Clare Reynolds	F45	28/32	[Unatt]	01:03:53	01:04:20
536	John Moore	M50	41/46	HalifaxHar	00:58:32	00:59:19	596	Lisa Grimshaw	F50	35/39	MiddletonH	01:03:54	01:04:27
537	Tracy Livesey	F55	19/33	Manc'rHarr	00:59:01	00:59:29	597	Tehira Choudhry Din	F50	36/39	[Unatt]	01:04:01	01:04:36
538	Lana Milligan	F55	20/33	HydeVillSt	00:59:08	00:59:44	598	Danielle Todd	F40	25/29	[Unatt]	01:04:25	01:04:49
539	Rob Garner	M60	24/26	[Unatt]	00:59:42	00:59:50	599	Jak Quinn	MS	104/105	[Unatt]	01:04:53	01:04:53
540	Tony Usher	M50	42/46	[Unatt]	00:59:17	00:59:55	600	Tracy Wroe	F60	9/12	RadcliffeA	01:04:31	01:05:13

Salford 10k Road Race, Manchester

Salford 10k Road Race, Manchester							29th March 2024		RESULTS		Results: UKtimers.net & UKresults.net				
Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime		
601	Jenny Mason	F35	22/22	[Unatt]	01:05:10	01:05:34	624	Arran Bangham	M55	44/44	[Unatt]	01:08:53	01:09:24		
602	Pauline White	F60	10/12	Bramhall R	01:05:01	01:05:41	625	Mandy Cregg	F55	29/33	MiddletonH	01:09:23	01:09:51		
603	Paul Turgoose	M55	42/44	Bramhall R	01:05:06	01:05:42	626	Hannah Hamilton	F40	28/29	MiddletonH	01:09:39	01:10:08		
604	Ben White	MS	105/105	[Unatt]	01:05:46	01:05:46	627	Sandra Powers	F65	8/9	Ramsbottom	01:10:42	01:11:14		
605	Cheryl Honeybourne	F45	29/32	Swinton RC	01:05:18	01:05:55	628	Kim Turner	F45	30/32	[Unatt]	01:11:06	01:11:26		
606	Maddy Deane	FS	52/55	[Unatt]	01:05:34	01:06:00	629	Mairead Lepki	F50	38/39	[Unatt]	01:11:08	01:11:28		
607	Beverley Denby	F55	26/33	Bramhall R	01:05:45	01:06:23	630	Julie Fairclough	F55	30/33	Bramhall R	01:10:55	01:11:34		
608	Maria Royal	F65	7/9	Manc'rHarr	01:05:55	01:06:24	631	Sarah Rushton	F50	39/39	RadcliffeA	01:11:43	01:12:22		
609	Gillian Morris	F50	37/39	Burnden RR	01:06:25	01:06:43	632	Linda Cross	F55	31/33	Manc'rHarr	01:12:42	01:13:12		
610	Wayne Holden	M40	47/50	RadcliffeA	01:06:24	01:06:48	633	Nadia HamiltonRainey	F40	29/29	BelleVueRc	01:13:30	01:14:15		
611	Michael Mullarkey	M50	46/46	[Unatt]	01:06:18	01:06:51	634	Ben Rainey	M40	50/50	BelleVueRc	01:13:36	01:14:22		
612	Daniel Jones	M35	50/51	[Unatt]	01:06:20	01:06:58	635	Nigel Eves	M60	26/26	[Unatt]	01:14:00	01:14:43		
613	Dominic Sheridan	M35	51/51	[Unatt]	01:06:30	01:07:09	636	Gillian McGowan	F60	11/12	Burnden RR	01:15:50	01:16:14		
614	Debbie Copper	F40	26/29	LeighHarAC	01:06:51	01:07:13	637	Sara Parry	F45	31/32	RadcliffeA	01:17:11	01:17:53		
615	Julie Walmsley	F55	27/33	Manc'rHarr	01:06:49	01:07:19	638	Ciara Billings	FS	55/55	[Unatt]	01:18:52	01:19:08		
616	Victoria McCarthy	F40	27/29	[Unatt]	01:07:10	01:07:56	639	Zeynel Aydin	M75	7/7	MiddletonH	01:18:40	01:19:09		
617	Paul Cowell	M55	43/44	Bramhall R	01:07:36	01:08:16	640	Annette Brocklehurst	F65	9/9	[Unatt]	01:18:58	01:19:26		
618	Paul Towle	M40	48/50	OldhamRoyt	01:07:45	01:08:23	641	Sue Tickle	F45	32/32	[Unatt]	01:18:58	01:19:26		
619	Dave Bardsley	M40	49/50	Royton RR	01:08:04	01:08:30	642	Bev Quinton	F60	12/12	RadcliffeA	01:19:11	01:19:54		
620	Anthony Fulop	M60	25/26	Burnden RR	01:08:13	01:08:46	643	Mary Seddon	F55	32/33	[Unatt]	01:21:05	01:21:25		
621	Gill Bardsley	F55	28/33	Royton RR	01:08:21	01:08:48	644	Michael Scott	M65	13/13	RadcliffeA	01:22:39	01:23:22		
622	Grace Kemp	FS	53/55	[Unatt]	01:08:32	01:09:06	645	Jo Wainwright	F55	33/33	Ramsbottom	01:25:58	01:26:30		
623	Lydia Maines	FS	54/55	[Unatt]	01:08:37	01:09:12									