

Robert McHarry Memorial Birchwood Park 5k

Robert McHarry Memorial Birchwood Park 5k 29th May 2025

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Leighton Sharman	MS	1/12	Warrington AC	00:16:55	47	Claire Grimmer	F45	1/5	Knutsford Tri Club	00:22:49
2	Phil Rowen	M50	1/6	Lymm Runners	00:17:35	48	Michael Dolan	M60	3/5	[Unattached] (6)	00:23:06
3	Will Kozer	M40	1/8	Widnes Running Club	00:17:38	49	Joanne Lott	F55	1/3	Trafford AC	00:23:17
4	Edwin Drost	MS	2/12	Warrington Running Club	00:17:53	50	Jacqu. Cordingley	F65	1/2	Sale Harriers Manchester	00:23:25
5	Ian Harrison	M45	1/8	Lymm Runners	00:17:59	51	Rio Monks	MS	10/12	Run Sandymoor	00:23:29
6	Thomas Johnson	MS	3/12	Stockport Harriers	00:18:15	52	Frank Cordingley	M60	4/5	Sale Harriers Manchester	00:23:43
7	Terence McCaw	MS	4/12	[Unattached] (1172)	00:18:20	53	Claire Ellison	F35	2/4	Spectrum Striders RC	00:23:52
8	Jonathon Knight	M45	2/8	Stockport Harriers	00:18:21	54	Helen Caldwell	F55	2/3	Spectrum Striders RC	00:23:54
9	Chris Hatton	M45	3/8	Lymm Runners	00:18:46	55	Julian Spencer	M65	2/6	Spectrum Striders RC	00:24:26
10	Toby Harrison	MJ	1/4	Sale Harriers Manchester	00:18:48	56	Debbie Moreton	F55	3/3	Vale Royal AC	00:25:05
11	Michael Waring	M55	1/6	Chester Tri Club	00:18:49	57	Adam Connell	MS	11/12	Swinton Running Club	00:25:12
12	Ed Hunt	M50	2/6	Bury AC	00:18:50	58	John Houghton	M65	3/6	Run Sandymoor	00:25:14
13	Richard Jackson	M40	2/8	Swinton Running Club	00:18:51	59	Louise Walker	F45	2/5	Vale Royal AC	00:25:22
14	Peter Marsland	M40	3/8	Run Sandymoor	00:18:55	60	Faye Bannon	FS	1/1	Run Sandymoor	00:25:28
15	Lewis Jones	M40	4/8	Wilmslow RC	00:18:59	61	Esme Joynson	FJ	1/2	Run Sandymoor	00:25:37
16	Jonathan Hock	M45	4/8	Lymm Runners	00:19:00	62	David McGowan	M55	6/6	Spectrum Striders RC	00:25:47
17	Mark Dodd	M50	3/6	Ellesmere Port RC	00:19:02	63	Jamie Robison	MS	12/12	[Unattached] (885)	00:26:04
18	Jake Harrison	MJ	2/4	Sale Harriers Manchester	00:19:03	64	Karen Bannon	F45	3/5	Run Sandymoor	00:26:28
19	Daniel Martin	M40	5/8	Swinton Running Club	00:19:06	65	Kate Grimoldby	F35	3/4	Spectrum Striders RC	00:26:39
20	Nathaniel Leake	MS	5/12	[Unattached] (896)	00:19:08	66	Alistair Raffel	M70	1/6	Spectrum Striders RC	00:26:52
21	Paul Collins	M55	2/6	Swinton Running Club	00:19:33	67	Malcolm Hughes	M65	4/6	Spectrum Striders RC	00:27:14
22	Matt McDermott	MS	6/12	Run Sandymoor	00:19:39	68	Kate Joynson	F50	4/4	Run Sandymoor	00:27:21
23	Liam Watson	MS	7/12	Warrington Running Club	00:19:41	69	David Forshaw	M45	7/8	Run Sandymoor	00:27:22
24	Richard Heaton	M40	6/8	Warrington Running Club	00:19:42	70	Duncan Forsyth	M70	2/6	Lymm Runners	00:27:56
25	Edward Walker	MJ	3/4	Warrington AC	00:19:44	71	Paula Manley	F45	4/5	Vale Royal AC	00:28:01
26	David Holt	M40	7/8	Astley & Tyldesley RC	00:19:45	72	Harrison Wilde	MJ	4/4	Run Sandymoor	00:28:09
27	Craig Bradbury	M45	5/8	Chorlton Runners	00:19:57	73	Alan Jenkinson	M75	1/2	Styal Running Club	00:28:11
28	Neil Marsh	MS	8/12	Spectrum Striders RC	00:19:58	74	Stephen Springall	M60	5/5	[Unattached] (1168)	00:28:53
29	Mark Newton	M55	3/6	Altrincham & District AC	00:20:07	75	Allan Bird	M65	5/6	Spectrum Striders RC	00:29:18
30	Matt Sanderson	M50	4/6	Warrington Running Club	00:20:10	76	Geoff Shaw	M70	3/6	Helsby Running Club	00:29:27
31	Carla Houghton	F35	1/4	Kirkby Milers AC	00:20:32	77	Michael Eakin	M65	6/6	Penny Lane Striders	00:29:48
32	Ray O'Keefe	M55	4/6	Macclesfield Harriers	00:20:37	78	Katie Hankey	F65	2/2	Run Sandymoor	00:29:59
33	Jennifer Houghton	F40	1/4	Kirkby Milers AC	00:20:42	79	Louise McAdam	F60	1/2	Run Sandymoor	00:29:59
34	Helen Armitage	F50	1/4	Sale Harriers Manchester	00:20:53	80	Izzy Twite	FJ	2/2	[Unattached] (1171)	00:30:02
35	John Howarth	M60	1/5	Lymm Runners	00:20:56	81	Olive Hall	F60	2/2	Run Sandymoor	00:30:19
36	Craig Foster	M40	8/8	Altrincham & District AC	00:21:21	82	Geoff Kay	M70	4/6	Swinton Running Club	00:30:27
37	Andy Thomas	M60	2/5	Sandbach Striders	00:21:26	83	Katherine Jackson	F45	5/5	Swinton Running Club	00:31:58
38	Pavel Subert	M45	6/8	Spectrum Striders RC	00:21:32	84	Kate Shannon	F35	4/4	Run Sandymoor	00:32:12
39	Alex Roberts	MS	9/12	Spectrum Striders RC	00:21:34	85	Emma Brundrett	F40	3/4	[Unattached] (85)	00:32:23
40	Sue Stockdale	F50	2/4	Macclesfield Harriers	00:21:36	86	John Dooley	M75	2/2	Spectrum Striders RC	00:32:31
41	Jose Perez	M50	5/6	Lymm Runners	00:21:55	87	Alison Langton	F40	4/4	Run Sandymoor	00:33:03
42	Anthony Hilton	M50	6/6	Lymm Runners	00:22:17	88	Mike Perchard	M70	5/6	Northwich Running Club	00:34:16
43	Rebecca Mills	F40	2/4	Swinton Running Club	00:22:25	89	Joe Wilde	M45	8/8	Run Sandymoor	00:34:30
44	Paul Norris	M65	1/6	Wilmslow RC	00:22:33	90	Janet C. Shaw	F70	1/2	Helsby Running Club	00:34:52
45	Georgina Walker	F50	3/4	Lymm Runners	00:22:38	91	Chrissie Knight	F70	2/2	Lymm Runners	00:37:04
46	Graham Driver	M55	5/6	Spectrum Striders RC	00:22:48	92	Les McAdam	M70	6/6	Run Sandymoor	00:37:34