

The Pontefract 10k, West Yorkshire

The Pontefract 10k, West Yorkshire						18th May 2025	RESULTS		Results: UKtimers.net & UKresults.net					
Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	
1001	Amy Hampshire	FS	159/187	[Unatt]	01:11:53	01:13:49	1071	Liz Goodson	F50	81/90	[Unatt]	01:18:13	01:20:05	
1002	Lauren Liddle	FS	160/187	[Unatt]	01:12:02	01:13:59	1072	Karen Turner	F50	82/90	MethleyStr	01:18:42	01:20:07	
1003	Clare Wilson	F35	63/78	[Unatt]	01:13:38	01:14:02	1073	Emily Wapples	FS	168/187	[Unatt]	01:18:19	01:20:09	
1004	Anthony Elston	M50	98/105	[Unatt]	01:13:39	01:14:02	1074	Andrew Clayton	M50	104/105	TrailRunNA	01:18:45	01:20:25	
1005	Cloe Sullivan	FS	161/187	[Unatt]	01:12:15	01:14:04	1075	Hannah Benton	F35	71/78	FordyRuns	01:18:25	01:20:28	
1006	Sarah Mortimer	F35	64/78	[Unatt]	01:12:08	01:14:09	1076	Holly Rae	F35	72/78	FordyRuns	01:18:25	01:20:29	
1007	Sarah Cass	F35	65/78	[Unatt]	01:13:13	01:14:15	1077	Tracey Watson	F50	83/90	[Unatt]	01:19:02	01:21:02	
1008	David Potts	M60	53/59	[Unatt]	01:12:16	01:14:15	1078	Susan Smith	F60	29/36	Sweatshop	01:19:40	01:21:20	
1009	Bob Goodwin	M50	99/105	Pocklington	01:12:25	01:14:16	1079	Ruth Roche	F60	30/36	[Unatt]	01:19:25	01:21:22	
1010	James Griffin	MS	191/198	[Unatt]	01:12:42	01:14:37	1080	Lyndon Price	MS	193/198	[Unatt]	01:19:43	01:21:33	
1011	Michelle McNamara	F50	68/90	RothwellHa	01:13:04	01:14:45	1081	Autumn Strong	FS	169/187	[Unatt]	01:19:43	01:21:35	
1012	K. Trejmak-Jaskulska	F35	66/78	[Unatt]	01:13:08	01:14:45	1082	Erika Reynolds	F50	84/90	AckworthRR	01:19:39	01:21:37	
1013	Kaye Karim	F35	67/78	[Unatt]	01:13:27	01:14:57	1083	Cheryl Naylor	F60	31/36	AckworthRR	01:19:39	01:21:37	
1014	Jacqui Symons	F40	127/148	CarletonRC	01:13:38	01:14:59	1084	Kareem El-Fadl	MS	194/198	[Unatt]	01:19:45	01:21:38	
1015	Dean Gayles	M40	124/130	[Unatt]	01:13:39	01:15:00	1085	Michelle Stead	FS	170/187	[Unatt]	01:21:15	01:23:03	
1016	Sarah Firth	F40	128/148	[Unatt]	01:14:04	01:15:03	1086	Lee Allen	M50	105/105	[Unatt]	01:21:38	01:23:10	
1017	Sally Jones	F60	24/36	RunningFit	01:13:39	01:15:03	1087	Harriet Galdas	FS	171/187	[Unatt]	01:21:12	01:23:12	
1018	Amanda Bryant	F40	129/148	[Unatt]	01:13:14	01:15:07	1088	Leah Galdas	FS	172/187	[Unatt]	01:21:12	01:23:12	
1019	Susan Stocks	F50	69/90	[Unatt]	01:13:15	01:15:08	1089	Olivia Holmes	FS	173/187	AckworthRR	01:21:59	01:23:49	
1020	Oliver Moulson	MJ	19/22	[Unatt]	01:13:46	01:15:11	1090	Charlene Corkett	F40	138/148	[Unatt]	01:21:56	01:24:00	
1021	Ruth Peacock	F50	70/90	[Unatt]	01:13:51	01:15:12	1091	Denzel Skelcher	MJ	21/22	[Unatt]	01:22:09	01:24:07	
1022	Jane Darley	F50	71/90	SavvyParkR	01:13:34	01:15:25	1092	Verity Lambert	F40	139/148	[Unatt]	01:22:15	01:24:10	
1023	Lianna Pargin	FS	162/187	[Unatt]	01:13:40	01:15:27	1093	Kerrianne Harrington	FS	174/187	[Unatt]	01:22:28	01:24:22	
1024	Ella Muncaster	FJ	11/13	[Unatt]	01:13:54	01:15:28	1094	Sara Harrington	FS	175/187	[Unatt]	01:22:28	01:24:22	
1025	Dan Snowden	M50	100/105	[Unatt]	01:13:37	01:15:30	1095	Beth Parsons	FS	176/187	[Unatt]	01:22:53	01:24:47	
1026	Harry Annakin	MJ	20/22	[Unatt]	01:13:34	01:15:31	1096	Punam Bhakta	FS	177/187	[Unatt]	01:22:52	01:24:48	
1027	Jayne Grimshaw	F40	130/148	[Unatt]	01:13:35	01:15:31	1097	Naomi Taylor	FS	178/187	[Unatt]	01:23:08	01:25:03	
1028	Shaheen Shariff	F40	131/148	[Unatt]	01:13:48	01:15:41	1098	Sara Keane	F35	73/78	AckworthRR	01:23:17	01:25:15	
1029	Grace Skynner	F35	68/78	[Unatt]	01:13:51	01:15:43	1099	Roy Clements	M60	57/59	[Unatt]	01:23:34	01:25:18	
1030	Ateeq Hussain	MS	192/198	[Unatt]	01:14:38	01:15:49	1100	Katie Harrington	FS	179/187	[Unatt]	01:23:37	01:25:32	
1031	Zoe Rhodes	F40	132/148	[Unatt]	01:13:43	01:15:49	1101	Courtney Peaker	FS	180/187	[Unatt]	01:24:00	01:25:42	
1032	Steph Bell	F35	69/78	[Unatt]	01:14:22	01:15:53	1102	Stephen Berry	M60	58/59	AckworthRR	01:24:22	01:25:55	
1033	Liz May	F50	72/90	CarletonRC	01:14:44	01:16:00	1103	Garrie Wider	M60	59/59	[Unatt]	01:24:06	01:25:56	
1034	Sarah Craven	F60	25/36	[Unatt]	01:14:10	01:16:03	1104	Michelle Marshall	F60	32/36	AckworthRR	01:24:28	01:26:00	
1035	Ben Tanguay	M50	101/105	AckworthRR	01:14:13	01:16:11	1105	Colette Bamford	F50	85/90	SleedsLake	01:24:08	01:26:07	
1036	Kelly Lilley	F40	133/148	[Unatt]	01:14:31	01:16:13	1106	Charlotte Smith	FS	181/187	[Unatt]	01:24:48	01:26:43	
1037	Ana Dwyer	F40	134/148	[Unatt]	01:15:15	01:16:14	1107	Lauren Heptinstall	FS	182/187	[Unatt]	01:24:48	01:26:43	
1038	Joanne Gale	F50	73/90	[Unatt]	01:14:35	01:16:19	1108	Jennifer Read	F40	140/148	RothwellHa	01:25:03	01:26:46	
1039	Jon Vaile	M50	102/105	RodillianR	01:14:28	01:16:19	1109	Yvonne Stearn	F60	33/36	AckworthRR	01:24:53	01:26:50	
1040	Samantha Rowley	F50	74/90	StTherasas	01:14:28	01:16:19	1110	Linda Selby	F60	34/36	AckworthRR	01:24:52	01:26:50	
1041	Laura Hamilton	FS	163/187	[Unatt]	01:14:19	01:16:22	1111	Victoria Lewis	F50	86/90	[Unatt]	01:25:24	01:27:20	
1042	Judy Wells	FS	164/187	FordyRuns	01:14:24	01:16:26	1112	Danielle Robson	F35	74/78	[Unatt]	01:26:55	01:27:40	
1043	Luce Smith	F50	75/90	[Unatt]	01:14:50	01:16:29	1113	Toby Hanmore	MS	195/198	[Unatt]	01:26:57	01:28:53	
1044	Ella Stead	FJ	12/13	[Unatt]	01:14:46	01:16:34	1114	Emma Hawkins	F35	75/78	[Unatt]	01:28:59	01:29:44	
1045	Daniel Muncaster	M40	125/130	[Unatt]	01:15:00	01:16:34	1115	Claire Benson	F40	141/148	RothwellHa	01:28:30	01:30:12	
1046	Jonathan Fahey	M40	126/130	[Unatt]	01:15:23	01:16:42	1116	Cherish Taylor	FS	183/187	[Unatt]	01:29:35	01:30:18	
1047	Jonathan Crisp	M40	127/130	[Unatt]	01:14:44	01:16:46	1117	Liz Button	F40	142/148	[Unatt]	01:28:59	01:30:28	
1048	Louise Carter	F40	135/148	[Unatt]	01:15:32	01:16:52	1118	Christine Whyte	F40	143/148	[Unatt]	01:29:18	01:30:45	
1049	Barbara Radecki	F60	26/36	AckworthRR	01:14:57	01:16:55	1119	Hannah Green	F35	76/78	[Unatt]	01:28:56	01:31:00	
1050	Amber Clayton	FS	165/187	[Unatt]	01:15:15	01:16:56	1120	John Brook	MS	196/198	[Unatt]	01:28:58	01:31:01	
1051	Karen Cook	F50	76/90	CarletonRC	01:15:35	01:17:07	1121	Finn Chapman	MS	197/198	[Unatt]	01:28:57	01:31:01	
1052	Nick Welbourn	M40	128/130	[Unatt]	01:16:11	01:17:12	1122	Brydie Pargin	FS	184/187	[Unatt]	01:29:20	01:31:07	
1053	Mandy Kreczmer	F50	77/90	FordyRuns	01:15:13	01:17:18	1123	Hazel Crabb	F60	35/36	BramleyBre	01:29:16	01:31:10	
1054	Emily Farrar	FJ	13/13	[Unatt]	01:15:39	01:17:21	1124	Kathryn Speight	FS	185/187	[Unatt]	01:29:51	01:31:42	
1055	Debbie King	F60	27/36	[Unatt]	01:15:39	01:17:39	1125	Jennifer Bates	FS	186/187	[Unatt]	01:29:52	01:31:44	
1056	Shaun Pargin	M50	103/105	[Unatt]	01:16:31	01:17:54	1126	Laura Moody	F35	77/78	[Unatt]	01:35:11	01:36:10	
1057	Hilary Bodycombe	FS	166/187	[Unatt]	01:16:28	01:18:06	1127	George Morrison	MJ	22/22	[Unatt]	01:34:56	01:36:54	
1058	Debbie Bedford	F50	78/90	[Unatt]	01:16:11	01:18:10	1128	Iwan Raven	MS	198/198	[Unatt]	01:34:56	01:36:54	
1059	Alan Tattersall	M60	54/59	AckworthRR	01:17:10	01:18:17	1129	Samantha Flanagan	F40	144/148	[Unatt]	01:37:15	01:38:48	
1060	Christine Hall	F60	28/36	AckworthRR	01:17:15	01:18:22	1130	Victoria Haigh	F35	78/78	[Unatt]	01:37:15	01:38:48	
1061	Matthew Bortlik	M40	129/130	[Unatt]	01:17:53	01:18:25	1131	Nicola Pickering	F40	145/148	[Unatt]	01:39:28	01:40:58	
1062	Dulce Farrow	F40	136/148	[Unatt]	01:16:39	01:18:29	1132	Becky Hammond	FS	187/187	[Unatt]	01:40:13	01:42:16	
1063	Sarah Davies	F40	137/148	RunKingswd	01:16:39	01:18:30	1133	Claire Gamble	F50	87/90	[Unatt]	01:44:22	01:46:05	
1064	Peter Forbes	M60	55/59	SLeedsLake	01:16:48	01:18:41	1134	Julie Eastell	F40	146/148	[Unatt]	01:44:23	01:46:06	
1065	Mark Ibbertson	M60	56/59	RothwellHa	01:17:22	01:19:09	1135	Anna Parietti	F50	88/90	[Unatt]	01:52:27	01:54:09	
1066	Teodora Matei	F35	70/78	[Unatt]	01:17:24	01:19:12	1136	Nikki Johnson	F40	147/148	[Unatt]	01:52:26	01:54:09	
1067	Karen Horton	F50	79/90	RothwellHa	01:17:36	01:19:17	1137	Louise Farrar	F40	148/148	[Unatt]	01:52:56	01:54:58	
1068	Claire Darlow	F50	80/90	RothwellHa	01:17:36	01:19:17	1138	Amanda Stanhope	F50	89/90	[Unatt]	01:53:37	01:55:40	
1069	Evie Sykes	FS	167/187	[Unatt]	01:18:41	01:19:50	1139	Lynn Moxon	F60	36/36	[Unatt]	01:53:37	01:55:40	
1070	Jonathon Lindley	M40	130/130	MethleyStr	01:18:39	01:20:04	1140	Louisa Denti	F50	90/90	[Unatt]	01:54:18	01:56:21	