

Arundel Castle 10k Run, West Sussex

Arundel Castle 10k Run, West Sussex							RESULTS							Results: UKtimers.net & UKresults.net						
Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
1	Callum Lorimer	MS	1/70	BrightonHv	00:34:29	00:34:30	81	Bern Trsitian Amores	F35	4/28	[Unatt]	00:54:14	00:55:12	81	Bern Trsitian Amores	F35	4/28	[Unatt]	00:54:14	00:55:12
2	Joshua Bath	MS	2/70	[Unatt]	00:37:15	00:37:16	82	Marcus Neal	M60	3/26	SheetStrid	00:54:37	00:55:18	82	Marcus Neal	M60	3/26	SheetStrid	00:54:37	00:55:18
3	Michael Kwoka	MS	3/70	Chichester	00:38:13	00:38:14	83	Philip Jones	M60	4/26	MidhurstMi	00:55:09	00:55:20	83	Philip Jones	M60	4/26	MidhurstMi	00:55:09	00:55:20
4	Matthew Porter	MS	4/70	[Unatt]	00:38:48	00:38:50	84	Christian Cowley	M50	5/29	[Unatt]	00:55:02	00:55:21	84	Christian Cowley	M50	5/29	[Unatt]	00:55:02	00:55:21
5	Fraser Kidd	MS	5/70	TuffFittyT	00:39:29	00:39:30	85	Andrew GV Statham	M60	5/26	MidhurstMi	00:55:05	00:55:23	85	Andrew GV Statham	M60	5/26	MidhurstMi	00:55:05	00:55:23
6	Phil Payne	M40	1/35	HaywardsHH	00:39:33	00:39:35	86	Nidhin Laji	MS	40/70	[Unatt]	00:55:14	00:55:24	86	Nidhin Laji	MS	40/70	[Unatt]	00:55:14	00:55:24
7	Mike Skinner	M40	2/35	WorthingHa	00:39:47	00:39:50	87	Neil Burling	M50	6/29	[Unatt]	00:54:51	00:55:25	87	Neil Burling	M50	6/29	[Unatt]	00:54:51	00:55:25
8	Willy Harper	MS	6/70	Duchy	00:39:59	00:40:00	88	Martin Richardson	M40	17/35	[Unatt]	00:54:53	00:55:31	88	Martin Richardson	M40	17/35	[Unatt]	00:54:53	00:55:31
9	Harry Standing	MS	7/70	[Unatt]	00:40:14	00:40:17	89	Molly Nairn	FS	7/29	[Unatt]	00:55:16	00:55:35	89	Molly Nairn	FS	7/29	[Unatt]	00:55:16	00:55:35
10	Jordan Thornton	MS	8/70	[Unatt]	00:40:21	00:40:24	90	Martin Catling	M50	7/29	ArunnersRC	00:55:04	00:55:38	90	Martin Catling	M50	7/29	ArunnersRC	00:55:04	00:55:38
11	David Lewis	MS	9/70	Chichester	00:40:29	00:40:29	91	Adrian Snell	M50	8/29	PaceInvadr	00:55:23	00:55:38	91	Adrian Snell	M50	8/29	PaceInvadr	00:55:23	00:55:38
12	Ed Plager	M40	3/35	[Unatt]	00:40:36	00:40:37	92	Kerry Kipling	F55	2/30	PortsladeH	00:55:25	00:55:41	92	Kerry Kipling	F55	2/30	PortsladeH	00:55:25	00:55:41
13	Abi Clark	FS	1/29	TuffFittyT	00:41:29	00:41:34	93	Zoe Cherryman	F55	3/30	PortsladeH	00:55:34	00:55:47	93	Zoe Cherryman	F55	3/30	PortsladeH	00:55:34	00:55:47
14	Marc Flinders	M40	4/35	TuffFittyT	00:42:02	00:42:04	94	Samantha Decourcy	F35	5/28	[Unatt]	00:55:27	00:55:48	94	Samantha Decourcy	F35	5/28	[Unatt]	00:55:27	00:55:48
15	Alfie Fowler	MS	10/70	HotSweatyB	00:42:57	00:43:04	95	John Little	M50	9/29	LancingEag	00:55:09	00:55:53	95	John Little	M50	9/29	LancingEag	00:55:09	00:55:53
16	Rio Guidice	MS	11/70	[Unatt]	00:43:12	00:43:17	96	Matt Stanley	M40	18/35	[Unatt]	00:55:41	00:56:00	96	Matt Stanley	M40	18/35	[Unatt]	00:55:41	00:56:00
17	Rufus Mousley	MS	12/70	Raiz	00:43:19	00:43:23	97	Gareth Deere	M50	10/29	Chichester	00:55:42	00:56:04	97	Gareth Deere	M50	10/29	Chichester	00:55:42	00:56:04
18	Oliver Wilson-Palmer	MS	13/70	HotSweatyB	00:43:28	00:43:32	98	Marcus Vine	M40	19/35	ArunnersRC	00:55:35	00:56:10	98	Marcus Vine	M40	19/35	ArunnersRC	00:55:35	00:56:10
19	Ashley White	MS	14/70	[Unatt]	00:43:30	00:43:35	99	Reece Tanner	MS	41/70	[Unatt]	00:55:57	00:56:13	99	Reece Tanner	MS	41/70	[Unatt]	00:55:57	00:56:13
20	Archie Borer	MS	15/70	Raiz	00:44:05	00:44:08	100	Olivia Morey	FS	8/29	TuffFittyT	00:56:08	00:56:18	100	Olivia Morey	FS	8/29	TuffFittyT	00:56:08	00:56:18
21	Dan Gritton	M50	1/29	OrionHarrs	00:43:57	00:44:09	101	William Heslop	M60	6/26	FlockRunng	00:56:03	00:56:29	101	William Heslop	M60	6/26	FlockRunng	00:56:03	00:56:29
22	Stuart Harvey	MS	16/70	TuffFittyT	00:44:16	00:44:22	102	Glenn Parisi	M60	7/26	TuffFittyT	00:56:04	00:56:42	102	Glenn Parisi	M60	7/26	TuffFittyT	00:56:04	00:56:42
23	Jan Franke	M40	5/35	DulwichRun	00:44:40	00:44:44	103	Bob Pentland	M70	3/7	[Unatt]	00:56:05	00:56:47	103	Bob Pentland	M70	3/7	[Unatt]	00:56:05	00:56:47
24	Craig Lynch	M40	6/35	WorthingGz	00:45:18	00:45:23	104	Nadia Anderson	F55	4/30	Chichester	00:56:30	00:56:52	104	Nadia Anderson	F55	4/30	Chichester	00:56:30	00:56:52
25	Gareth Coombes	MS	17/70	TuffFittyT	00:46:08	00:46:12	105	Justine Tanner	F45	8/42	KnowsleyHA	00:56:45	00:56:53	105	Justine Tanner	F45	8/42	KnowsleyHA	00:56:45	00:56:53
26	Stephen Fryer	M50	2/29	TuffFittyT	00:46:19	00:46:25	106	Thomas Ikin	MS	42/70	[Unatt]	00:56:57	00:57:10	106	Thomas Ikin	MS	42/70	[Unatt]	00:56:57	00:57:10
27	Nicolette Hutton	F45	1/42	DorkingMol	00:46:58	00:47:07	107	Josh Wretham	MS	43/70	[Unatt]	00:57:03	00:57:19	107	Josh Wretham	MS	43/70	[Unatt]	00:57:03	00:57:19
28	Tom Dubben	MS	18/70	Chichester	00:47:06	00:47:16	108	Peter King	M40	20/35	[Unatt]	00:57:19	00:57:28	108	Peter King	M40	20/35	[Unatt]	00:57:19	00:57:28
29	Fay Cripps	F45	2/42	Chichester	00:47:10	00:47:18	109	Row Baker	F45	9/42	[Unatt]	00:57:20	00:57:28	109	Row Baker	F45	9/42	[Unatt]	00:57:20	00:57:28
30	Miles Eades	MS	19/70	[Unatt]	00:47:34	00:47:39	110	Martin Beirne	M40	21/35	[Unatt]	00:57:07	00:57:33	110	Martin Beirne	M40	21/35	[Unatt]	00:57:07	00:57:33
31	Dean Crane	MS	20/70	BognorTone	00:47:40	00:47:57	111	Sam Confrey	M40	22/35	[Unatt]	00:57:25	00:57:42	111	Sam Confrey	M40	22/35	[Unatt]	00:57:25	00:57:42
32	Liam Briscoe	MS	21/70	FittlelewhF	00:47:16	00:48:13	112	Julia McIntyre	F55	5/30	[Unatt]	00:57:28	00:57:48	112	Julia McIntyre	F55	5/30	[Unatt]	00:57:28	00:57:48
33	Dan Nation	MS	22/70	[Unatt]	00:47:59	00:48:27	113	Casha Anderson	FS	9/29	[Unatt]	00:57:39	00:57:49	113	Casha Anderson	FS	9/29	[Unatt]	00:57:39	00:57:49
34	Chris Pratt	MS	23/70	[Unatt]	00:48:49	00:48:58	114	Mackenzie Gorfin	MS	44/70	[Unatt]	00:57:58	00:57:58	114	Mackenzie Gorfin	MS	44/70	[Unatt]	00:57:58	00:57:58
35	James Norman	MS	24/70	[Unatt]	00:49:17	00:49:24	115	Andrew Buchan	M50	11/29	ArunnersRC	00:57:35	00:58:08	115	Andrew Buchan	M50	11/29	ArunnersRC	00:57:35	00:58:08
36	Miranda Adamson	F35	1/28	BognorTone	00:49:17	00:49:24	116	Joe Wilkins	MS	45/70	HuntersClb	00:57:15	00:58:18	116	Joe Wilkins	MS	45/70	HuntersClb	00:57:15	00:58:18
37	Archie Harden	MS	25/70	[Unatt]	00:49:22	00:49:42	117	Lindsay Watt	F45	10/42	[Unatt]	00:58:07	00:58:28	117	Lindsay Watt	F45	10/42	[Unatt]	00:58:07	00:58:28
38	Edward Mudd	MS	26/70	Jakeface A	00:49:54	00:50:01	118	Andrew Whitman	MS	46/70	WorthingHa	00:57:21	00:58:32	118	Andrew Whitman	MS	46/70	WorthingHa	00:57:21	00:58:32
39	Colin Moore	M40	7/35	[Unatt]	00:50:36	00:50:40	119	Chris Webster	MS	47/70	[Unatt]	00:58:23	00:58:35	119	Chris Webster	MS	47/70	[Unatt]	00:58:23	00:58:35
40	Caroline Whelan	F45	3/42	DorkingMol	00:50:37	00:50:46	120	Joshua Grahame	MS	48/70	[Unatt]	00:58:09	00:58:37	120	Joshua Grahame	MS	48/70	[Unatt]	00:58:09	00:58:37
41	Billy Richardson	MS	27/70	[Unatt]	00:50:43	00:50:48	121	Daniel Marett	MS	49/70	[Unatt]	00:58:07	00:58:41	121	Daniel Marett	MS	49/70	[Unatt]	00:58:07	00:58:41
42	Sebastian Burgess	MS	28/70	[Unatt]	00:50:39	00:50:49	122	Jo Cripps	F35	6/28	[Unatt]	00:57:53	00:58:54	122	Jo Cripps	F35	6/28	[Unatt]	00:57:53	00:58:54
43	Sebastian Anscombe	MS	29/70	[Unatt]	00:50:50	00:50:57	123	Mark Kirkdale	M60	8/26	[Unatt]	00:58:21	00:58:58	123	Mark Kirkdale	M60	8/26	[Unatt]	00:58:21	00:58:58
44	David Durrant	M70	1/7	[Unatt]	00:50:51	00:51:05	124	Stewart Mackman	M60	9/26	KnowsleyHA	00:58:24	00:59:01	124	Stewart Mackman	M60	9/26	KnowsleyHA	00:58:24	00:59:01
45	Warwick Hockley	M40	8/35	[Unatt]	00:51:01	00:51:09	125	Lois Hughes	FS	10/29	[Unatt]	00:58:59	00:59:12	125	Lois Hughes	FS	10/29	[Unatt]	00:58:59	00:59:12
46	Jess Martin	FS	2/29	[Unatt]	00:51:07	00:51:12	126	Joshua Mears	MS	50/70	[Unatt]	00:59:01	00:59:14	126	Joshua Mears	MS	50/70	[Unatt]	00:59:01	00:59:14
47	Millie Davis	FS	3/29	Raiz	00:51:14	00:51:18	127	David Grant	M50	12/29	[Unatt]	00:58:46	00:59:15	127	David Grant	M50	12/29	[Unatt]	00:58:46	00:59:15
48	Jason Parks	M50	3/29	HenfieldJg	00:51:12	00:51:20	128	Anthony Parker	M50	13/29	[Unatt]	00:59:04	00:59:17	128	Anthony Parker	M50	13/29	[Unatt]	00:59:04	00:59:17
49	Freya Lloyd	FS	4/29	[Unatt]	00:51:35	00:51:41	129	Michelle Caines	F45	11/42	Frome RC	00:59:04	00:59:21	129	Michelle Caines	F45	11/42	Frome RC	00:59:04	00:59:21
50	Scott Moulding	M40	9/35	[Unatt]	00:51:26	00:51:52	130	Nazife Hasan	F35	7/28	TheTrainGd	00:59:18	00:59:23	130	Nazife Hasan	F35	7/28	TheTrainGd	00:59:18	00:59:23
51	John Barrett	MS	30/70	[Unatt]	00:51:45	00:51:55	131	Ben Conway	MS	51/70	[Unatt]	00:58:48	00:59:26	131	Ben Conway	MS	51/70	[Unatt]	00:58:48	00:59:26
52	Damien Adamson	MS	31/70	BognorTone	00:51:57	00:52:11	132	Tony Wright	M60	10/26	PortsladeH	00:59:17	00:59:28	132	Tony Wright	M60	10/26	PortsladeH	00:59:17	00:59:28
53	Lee Craven	M50	4/29	ArunnersRC	00:51:54	00:52:30	133	Peter Ramsdale	M70	4/7	BognorTone	00:59:21	00:59:30	133	Peter Ramsdale	M70	4/7	BognorTone	00:59:21	00:59:30
54	Vincent Collier	M40	10/35	[Unatt]	00:52:18	00:52:38	134	Sarah Chamberlain	F45	12/42	RunsBarcod	00:58:50	00:59:34	134	Sarah Chamberlain	F45	12/42	RunsBarcod	00:58:50	00:59:34
55	Harry Shingfield	MS	32/70	HotSweatyB	00:52:48	00:52:55	135	Gary Holford	M60	11/26	RunsBarcod	00:58:51	00:59:34	135	Gary Holford	M60	11/26	RunsBarcod	00:58:51	00:59:34
56	Beth Pemberton-Hill	FS	5/29	ArunnersRC	00:52:46	00:53:02	136	Joanna Farnham	F45	13/42	[Unatt]	00:59:17	00:59:42	136	Joanna Farnham	F45	13/42	[Unatt]	00:59:17	00:59:42
57	Mike Doherty	MS	33/70	[Unatt]	00:52:45	00:53:09	137	Graham Pratt	M60	12/26	[Unatt]	00:59:20	00:59:42	137	Graham Pratt	M60	12/26	[Unatt]	00:59:20	00:59:42
58	Daniel Shrimpton	MS	34/70	HotSweatyB	00:53:07	00:53:13	138	Rachael Myers	F35	8/28	[Unatt]	00:59:19	00:59:51	138	Rachael Myers	F35	8/28	[Unatt]	00:59:19	00:59:51
59	Marie Byers	F45	4/42	MidhurstMi	00:52:56	00:53:15	139	Imogen Wyatt	F45	14/42	[Unatt]	00:59:48	01:00:01	139	Imogen Wyatt	F45	14/42	[Unatt]	00:59:48	01:00:01
60	Maggie Smith	F45	5/42	[Unatt]	00:52:56	00:53:16	140	Colin Simmons	M50	14/29	Chichester	00:59:55	01:00:17	140	Colin Simmons					

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Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime							
161	Russell Knight	M40	26/35	Joe'sRunnr	01:00:53	01:01:55	233	Joanne Squires	F35	21/28	[Unatt]	01:09:53	01:10:46							
162	Neil Skinner	M40	27/35	[Unatt]	01:01:54	01:02:09	234	Rosario Ramirez	N40	2/2	[Unatt]	01:10:20	01:10:50							
163	Matt Trevett	MS	55/70	[Unatt]	01:01:45	01:02:10	235	Amanda Duplock	F35	22/28	[Unatt]	01:10:02	01:10:53							
164	Christian Liberman	MS	56/70	HorshamJog	01:01:44	01:02:11	236	Heide Barnes	F55	12/30	FoxyLadies	01:10:04	01:11:04							
165	Geoff Davidson	M40	28/35	DorkingMol	01:01:37	01:02:15	237	Helen Crainey	F55	13/30	HaslemereB	01:10:03	01:11:09							
166	Charlie Mason	MS	57/70	[Unatt]	01:01:56	01:02:16	238	Marian Drew	F65	1/5	ArunnersRC	01:10:22	01:11:10							
167	Stuart Thomson	M60	14/26	ToneZoneRn	01:01:32	01:02:18	239	Mike Edwards	M50	27/29	PassmoreSL	01:10:29	01:11:14							
168	Phillip Oldham-Dennis	M50	18/29	[Unatt]	01:02:07	01:02:18	240	Roger Thomson	M50	28/29	[Unatt]	01:11:05	01:11:23							
169	Stuart Baulk	M40	29/35	[Unatt]	01:01:06	01:02:22	241	Katherine Blake	FS	21/29	ClanfieldJ	01:10:52	01:11:24							
170	Peter Anderson	M60	15/26	Chichester	01:02:04	01:02:28	242	Joanne Apps	F55	14/30	[Unatt]	01:10:50	01:11:34							
171	Mark Mears	M50	19/29	[Unatt]	01:02:21	01:02:52	243	Max Leonard-Rendell	MS	66/70	[Unatt]	01:10:45	01:11:47							
172	Elle King	FS	13/29	[Unatt]	01:02:28	01:03:20	244	Matthew Pearce	M40	33/35	[Unatt]	01:10:34	01:11:49							
173	Hannah Ide	FS	14/29	BognorTone	01:03:06	01:03:24	245	Jenny Gain	F55	15/30	RunAcademy	01:11:20	01:12:15							
174	Garry Gaskin	M60	16/26	[Unatt]	01:02:49	01:03:35	246	Bob Maguire	M70	5/7	Portsmouth	01:11:10	01:12:22							
175	Kevin Atterbury	M50	20/29	[Unatt]	01:02:58	01:03:55	247	Sue Acaster	F55	16/30	RunAcademy	01:11:32	01:12:26							
176	Jodie Davidson	F45	19/42	DorkingMol	01:03:25	01:04:03	248	Becky Bottomley	F35	23/28	[Unatt]	01:11:41	01:12:30							
177	Holly Leong	F35	13/28	[Unatt]	01:03:32	01:04:11	249	Jessica Cook	F35	24/28	[Unatt]	01:11:39	01:12:36							
178	John Feldmanis	MS	58/70	[Unatt]	01:03:39	01:04:13	250	Jaci Carter	F55	17/30	[Unatt]	01:11:59	01:12:47							
179	Adam Kipling	M50	21/29	PortsladeH	01:03:44	01:04:20	251	Russell Ewens	MS	67/70	[Unatt]	01:12:16	01:13:09							
180	Georgia Hudson	FS	15/29	[Unatt]	01:03:25	01:04:21	252	Stewart Reed	M60	21/26	[Unatt]	01:12:09	01:13:14							
181	Claire Pretty	F45	20/42	[Unatt]	01:04:04	01:04:32	253	Anna Clunes	F45	34/42	[Unatt]	01:12:32	01:13:24							
182	Lottie Allen	FS	16/29	[Unatt]	01:03:52	01:04:33	254	Catrina Tranquille	F35	25/28	[Unatt]	01:13:18	01:13:34							
183	Sheena Bell	F35	14/28	[Unatt]	01:03:51	01:04:44	255	Sandra Humphrey	F65	2/5	[Unatt]	01:13:17	01:13:57							
184	Matthew Gummerson	M40	30/35	[Unatt]	01:04:19	01:04:46	256	Deborah Winn	F55	18/30	PompeyJogg	01:12:51	01:14:03							
185	Georgia Herbig	FS	17/29	[Unatt]	01:03:55	01:04:54	257	Trevor Ellery	M70	6/7	[Unatt]	01:13:36	01:14:07							
186	Philip Smith	M60	17/26	[Unatt]	01:04:37	01:05:24	258	Omar Sattaur	M60	22/26	Glossopdal	01:14:02	01:14:32							
187	Parm Heer	F45	21/42	[Unatt]	01:05:14	01:05:25	259	David Coates	M40	34/35	[Unatt]	01:13:53	01:14:43							
188	Charlie Welling	MS	59/70	HuntersClb	01:04:25	01:05:28	260	Fiona Towe	F45	35/42	CivServ SC	01:14:55	01:15:45							
189	Niall Scott	MS	60/70	[Unatt]	01:04:35	01:05:31	261	Richard Scrase	MS	68/70	AltonRunnr	01:14:55	01:16:03							
190	Kevin Pearson	M50	22/29	TuffFittyT	01:04:34	01:05:32	262	Debbie Belcher	F55	19/30	PortsladeH	01:15:05	01:16:09							
191	Amanda De Ridder	F45	22/42	TuffFittyT	01:04:35	01:05:33	263	Abbie Smith	F45	36/42	[Unatt]	01:15:15	01:16:21							
192	Angelo Van Dyk	MS	61/70	[Unatt]	01:04:41	01:05:40	264	Heather Cox	F45	37/42	[Unatt]	01:15:16	01:16:21							
193	Aimee Sivyer	F35	15/28	[Unatt]	01:04:50	01:05:46	265	Sandra Shanks	F45	38/42	[Unatt]	01:15:15	01:16:22							
194	Jessica Gormley	F35	16/28	DulwichRun	01:05:25	01:05:49	266	Sarah Barnett	F45	39/42	HaslemereB	01:15:23	01:16:29							
195	Amy Stace	F45	23/42	[Unatt]	01:05:26	01:05:49	267	Bronwyn Baker	FS	22/29	TheTrainGd	01:15:46	01:16:45							
196	Nikki Thomas	F45	24/42	[Unatt]	01:05:33	01:06:04	268	Hollie Turner	FS	23/29	TheTrainGd	01:15:45	01:16:45							
197	Tony Solazzo	M50	23/29	[Unatt]	01:05:57	01:06:15	269	Alison Smith	F55	20/30	PompeyJogg	01:15:48	01:17:01							
198	Lisa Tremeer	F45	25/42	MidhurstMi	01:06:23	01:06:45	270	Sarah Wade	F55	21/30	[Unatt]	01:17:07	01:17:42							
199	Oliver Turner	MS	62/70	ChiRunners	01:06:05	01:06:47	271	Louise Strong	F35	26/28	[Unatt]	01:17:14	01:17:45							
200	Paige Turner	FS	18/29	[Unatt]	01:06:07	01:06:49	272	Holly Atkinson	FS	24/29	[Unatt]	01:16:38	01:17:46							
201	Michelle Duplock	F45	26/42	HoveHornet	01:06:36	01:07:27	273	Max Wilkins	MS	69/70	[Unatt]	01:16:38	01:17:47							
202	Karen Jerrard-Bellis	F45	27/42	ArunnersRC	01:06:45	01:07:33	274	Lee Cripps	M40	35/35	[Unatt]	01:17:55	01:18:57							
203	Matt Campbell	M50	24/29	[Unatt]	01:06:27	01:07:35	275	Richard Bayley	M50	29/29	Run Verity	01:18:25	01:19:05							
204	Eamon Hall	MS	63/70	[Unatt]	01:07:04	01:07:38	276	Lesley Durant	F55	22/30	PortsladeH	01:18:13	01:19:17							
205	Emma Payne	F45	28/42	[Unatt]	01:06:57	01:07:39	277	Anna Curry	F45	40/42	[Unatt]	01:18:13	01:19:23							
206	Matt Payne	M50	25/29	[Unatt]	01:06:59	01:07:42	278	Una Palmer	F65	3/5	[Unatt]	01:19:06	01:19:26							
207	Aaron Pooley	MS	64/70	SeafordStr	01:07:15	01:07:50	279	Lorna Richard	F45	41/42	SheetStrid	01:19:09	01:19:48							
208	Andrew Pooley	M60	18/26	[Unatt]	01:07:15	01:07:50	280	Christine Griffin	F55	23/30	TuffFittyT	01:19:01	01:20:08							
209	Anna Van Dyk	FS	19/29	[Unatt]	01:06:58	01:07:58	281	Charlotte Glynn	FS	25/29	[Unatt]	01:19:15	01:20:23							
210	Kelly Ewens	F35	17/28	[Unatt]	01:07:07	01:08:00	282	Tania Tinslay	F45	42/42	HoveHornet	01:19:32	01:20:32							
211	Belinda Hoyte	N40	1/2	[Unatt]	01:07:47	01:08:01	283	Dave Eggelton	M60	23/26	[Unatt]	01:20:36	01:21:26							
212	Lucy Hurst	F35	18/28	[Unatt]	01:07:48	01:08:02	284	Andrew Waterfield	MS	70/70	[Unatt]	01:20:29	01:21:39							
213	Victoria Sigrist	F45	29/42	[Unatt]	01:07:36	01:08:06	285	Lorraine Stewart	F55	24/30	[Unatt]	01:20:35	01:21:45							
214	Abi Smith	F35	19/28	[Unatt]	01:07:54	01:08:08	286	Philip Chalmers	M60	24/26	[Unatt]	01:20:58	01:21:47							
215	Alex Willetts	F45	30/42	BognorTone	01:07:27	01:08:11	287	Mel Campbell	F55	25/30	[Unatt]	01:21:06	01:22:15							
216	Gerry Mivec	F55	6/30	FoxyLadies	01:07:24	01:08:11	288	Stephen Knott	M60	25/26	Arena80 AC	01:21:49	01:22:23							
217	Ben McDonald	MS	65/70	[Unatt]	01:07:07	01:08:14	289	Beth Soliman	FS	26/29	[Unatt]	01:21:20	01:22:26							
218	Stephanie Charman	F45	31/42	HorshamJog	01:07:49	01:08:22	290	Phoebe Kirkland	FS	27/29	[Unatt]	01:21:38	01:22:31							
219	Katie Strutt	FS	20/29	[Unatt]	01:07:21	01:08:35	291	B. Ceiriog-Hughes	FS	28/29	[Unatt]	01:21:40	01:22:33							
220	Susan Childs	F55	7/30	ArunnersRC	01:07:56	01:08:44	292	Sharon Astley	F55	26/30	PortsladeH	01:22:10	01:23:14							
221	John Prideaux	M60	19/26	[Unatt]	01:08:06	01:08:48	293	Susan Turner	F55	27/30	ChiRunners	01:22:25	01:23:24							
222	Lee Daraz	M40	31/35	ClanfieldJ	01:08:21	01:08:54	294	Gemma Smith	F35	27/28	[Unatt]	01:23:23	01:24:32							
223	Amanda Cayford	F55	8/30	[Unatt]	01:08:22	01:09:00	295	Joanne Mutuc	F35	28/28	[Unatt]	01:24:23	01:25:20							
224	Phil Cook	M50	26/29	WaddlersUt	01:08:22	01:09:00	296	Jon Slaterry	M70	7/7	[Unatt]	01:25:39	01:26:27							
225	Peter Apps	M60	20/26	[Unatt]	01:08:18	01:09:04	297	Sashi Lage	F55	28/30	[Unatt]	01:26:55	01:27:37							
226	Sue Harmston-Essex	F45	32/42	RunAcademy	01:08:18	01:09:13	298	Miles Ashworth	M60	26/26	[Unatt]	01:27:32	01:28:11							
227	Richard Jende	M40	32/35	[Unatt]	01:09:13	01:09:40	299	Susan Keet	F55	29/30	[Unatt]	01:27:52	01:28:59							
228	Allison Eggelton	F55	9/30	[Unatt]	01:08:51	01:09:40	300	Helen Bishop	F55	30/30	[Unatt]	01:32:12	01:33:17							
229	Caroline Freeman	F55	10/30	[Unatt]	01:09:05	01:10:13	301	Jessica Monk	FS	29/29	[Unatt]	01:35:18	01:35:34							
230	Imogen Brown	F45	33/42	[Unatt]	01:09:54	01:10:26	302	Debbie Pentland	F65	4/5	Portsmouth	01:35:01	01:36:14							
231	Lorraine Boberg	F55	11/30	HaslemereB	01:09:23	01:10:28	303	Julia Revill	F65	5/5	DenmeadStr	01:35:00	01:36:14							
232	Kerrie Simpkins	F35	20/28	FlockRunng	01:10:14	01:10:40														