

Robert McHarry Memorial Birchwood Park 5k

Robert McHarry Memorial Birchwood Park 5k 28th May 2026

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Jake Harrison	MJ	1/4	Sale Harriers Manchester	00:17:16	50	Frank Cordingley	M65	2/10	Sale Harriers Manchester	00:23:43
2	Phil Rowen	M50	1/6	Lymm Runners	00:17:34	51	Andy Gaskell	M55	8/11	St. Helens Striders	00:23:54
3	Neil Marsh	M40	1/7	Spectrum Striders RC	00:17:37	52	Colin Whelan	M45	4/6	Run Sandymoor	00:24:00
4	Stuart Berry	MS	1/3	Lymm Runners	00:17:50	53	Lisa Ottiwell	F50	3/6	Swinton Running Club	00:24:29
5	Will Kozer	M40	2/7	Widnes Running Club	00:17:53	54	David Vaughan	M45	5/6	Altrincham & District AC	00:24:32
6	Toby Harrison	MJ	2/4	Sale Harriers Manchester	00:18:11	55	Paul Basnett	M55	9/11	Astley & Tyldesley RC	00:24:37
7	Ian Harrison	M45	1/6	Lymm Runners	00:18:13	56	Iszy Twite	FJ	1/2	Run Sandymoor	00:24:42
8	Jonathon Knight	M50	2/6	Stockport Harriers	00:18:16	57	Esme Joynson	FJ	2/2	Run Sandymoor	00:24:46
9	Matthew Lawless	M40	3/7	Spectrum Striders RC	00:18:25	58	Amy Waterson	FS	3/3	[Unattached] (72)	00:25:02
10	David Holt	M40	4/7	Astley & Tyldesley RC	00:18:33	59	Ruth Parkes	F35	2/5	St. Helens Striders	00:25:18
11	Edward Walker	MJ	3/4	Warrington AC	00:18:48	60	Daisy Pickles	F35	3/5	Macclesfield Harriers	00:25:21
12	Stephen Greaves	M55	1/11	Wilmslow RC	00:19:05	61	Les Hill	M65	3/10	Dumfries Running Club	00:25:29
13	Chris Hatton	M45	2/6	Lymm Runners	00:19:06	62	John Archer	M75	1/3	Sale Harriers Manchester	00:25:31
14	James Williams	M50	3/6	Lymm Runners	00:19:15	63	Jon Bradford Ehlen	M55	10/11	Northwich Running Club	00:25:36
15	Matt Sanderson	M50	4/6	Warrington Running Club	00:19:34	64	Helen Caldwell	F55	1/3	Spectrum Striders RC	00:25:39
16	Mike Sherwin	M55	2/11	Run Sandymoor	00:19:39	65	John Houghton	M65	4/10	Widnes Running Club	00:25:47
17	Paul Collins	M55	3/11	Swinton Running Club	00:19:45	66	Georgina Walker	F50	4/6	Lymm Runners	00:26:17
18	Abigail Howarth	FS	1/3	Vale Royal AC	00:20:08	67	Adam Connell	M40	7/7	Swinton Running Club	00:26:23
19	Carla Houghton	F40	1/5	Kirkby Milers AC	00:20:09	68	Sarah Lyons	F35	4/5	St. Helens Striders	00:26:29
20	Claire Andrew	F45	1/8	Warrington AC	00:20:29	69	Richard Pettitt	M65	5/10	Vale Royal AC	00:26:30
21	Anne Chinoy	F50	1/6	Sale Harriers Manchester	00:20:42	70	Julian Spencer	M65	6/10	Spectrum Striders RC	00:26:33
22	John Howarth	M60	1/9	Lymm Runners	00:20:50	71	Harrison Wilde	MJ	4/4	Run Sandymoor	00:26:36
23	Mark Newton	M55	4/11	Altrincham & District AC	00:20:53	72	Catherine Machin	F45	5/8	Wilmslow RC	00:26:44
24	Jennifer Houghton	F40	2/5	Kirkby Milers AC	00:20:55	73	Ian Prime	M60	9/9	Congleton Harriers	00:26:49
25	Lee Parry	M40	5/7	[Unattached] (49)	00:21:09	74	Alicia Berry	F40	4/5	Astley & Tyldesley RC	00:26:55
26	Peter Waterson	M55	5/11	Altrincham & District AC	00:21:11	75	Paul McGuire	M65	7/10	[Unattached] (77)	00:26:58
27	Gordon Nicoll	M60	2/9	Altrincham & District AC	00:21:19	76	Mervyn Ward	M70	1/3	Warrington AC	00:27:05
28	Keith Mulholland	M60	3/9	Macclesfield Harriers	00:21:30	77	Sara Powell	F40	5/5	Vale Royal AC	00:27:10
29	Edward Austin	M60	4/9	Chester Tri Club	00:21:34	78	Kate Joynson	F50	5/6	Run Sandymoor	00:27:24
30	Jim Dawson	M60	5/9	Lymm Runners	00:21:35	79	Jo Sullivan	F55	2/3	Spectrum Striders RC	00:28:01
31	Daniel Shannon	M40	6/7	Run Sandymoor	00:21:43	80	Emma Shillabeer	F50	6/6	Spectrum Striders RC	00:28:06
32	Andy Land	M60	6/9	Dragons Running Club	00:21:49	81	Alan Bowles	M65	8/10	[Unattached] (415)	00:28:35
33	Paul Norris	M65	1/10	Wilmslow RC	00:21:51	82	Alan Jenkinson	M75	2/3	Styal Running Club	00:28:44
34	Andy Thomas	M60	7/9	Sandbach Striders	00:21:52	83	Edward Taylor	M55	11/11	Knutsford Tri Club	00:28:52
35	Louise Walker	F45	2/8	Vale Royal AC	00:22:01	84	Jean Mellor	F55	3/3	Swinton Running Club	00:28:57
36	Ray O'Keefe	M60	8/9	Macclesfield Harriers	00:22:03	85	Malcolm Hughes	M65	9/10	Spectrum Striders RC	00:29:24
37	Chris Bennett	M45	3/6	Astley & Tyldesley RC	00:22:30	86	Joe Wilde	M50	6/6	Run Sandymoor	00:29:30
38	Lewis Williams	MS	2/3	Spectrum Striders RC	00:22:32	87	Mark Major	M45	6/6	Swinton Running Club	00:29:32
39	Emma Fraser	F45	3/8	Helsby Running Club	00:22:36	88	Barry Chambers	M70	2/3	Vale Royal AC	00:29:42
40	Claire Ellison	F35	1/5	Spectrum Striders RC	00:22:37	89	Duncan Forsyth	M70	3/3	Lymm Runners	00:29:58
41	Jacqueline Cordingle	F65	1/3	Sale Harriers Manchester	00:22:39	90	Paul Aird	M65	10/10	Deestridders RC	00:30:03
42	Graham Driver	M55	6/11	Spectrum Striders RC	00:22:44	91	Cheryl Berry	F35	5/5	Astley & Tyldesley RC	00:30:13
43	Janice Harding	F50	2/6	Sale Harriers Manchester	00:22:45	92	Joanne Fairhurst	F45	6/8	[Unattached] (425)	00:31:48
44	Jess Carey	FS	2/3	Swinton Running Club	00:22:51	93	Katherine Jackson	F45	7/8	Swinton Running Club	00:33:03
45	Rebecca Mills	F40	3/5	Swinton Running Club	00:22:57	94	Shirley Groves	F65	2/3	Swinton Running Club	00:33:12
46	Anthony Hilton	M50	5/6	Lymm Runners	00:23:00	95	Michael Charman	M75	3/3	Knowsley Harriers AC	00:34:10
47	Barry Tuffs	M55	7/11	Lymm Runners	00:23:03	96	Wendy Doxey	F65	3/3	Swinton Running Club	00:35:10
48	Rio Monks	MS	3/3	Run Sandymoor	00:23:11	97	Catherine Dodd	F45	8/8	[Unattached] (53)	00:36:39
49	Emma Nunnerley	F45	4/8	Lymm Runners	00:23:29						